

Activity Release Form

Tennessee Eastman Hiking and Canoeing Club (TEHCC)



Release form also available on TEHCC's Website.

(Must be read and signed by all non-Eastman Chemical Company employees participating in any activity directed by the Tennessee Eastman Hiking and Canoeing Club)

Name _____
Address _____
City _____ State _____ Zip _____
Phone (_____) _____
e-mail address _____

Participation in Tennessee Eastman Hiking and Canoeing Club (TEHCC) activities is voluntary. In consideration of permitting me to participate in TEHCC activities, and fully recognizing the dangers to which I will be exposed, by signing below, I hereby release all claims against Eastman Chemical Company, its employees and agents, Eastman Recreation, and the activity leaders, for any personal injury, death, or property damage arising out of or in any way connected with such activities, including without limitation any acts or omission caused in whole or in part by their negligence. This applies to activities on or off company property.

Signature _____ Date _____

The signature of a parent or guardian is required if a family participant is under 18 years of age.

Parent _____ Date _____

Mail completed form and membership fee* to:

Tennessee Eastman Hiking and Canoeing Club
400 S. Wilcox Drive, B-310
Kingsport, TN 37662

*This form may be used for membership application and fee payment by new members.

Club Membership and Participation

Full membership requires employment with or retirement from Eastman Chemical Company.

Anyone, including non-Eastman employees, can become a Program Affiliate.

All memberships, except Eastman retirees, require payment of annual dues. Please see our Web site for current dues.

Club Mission Statement

The mission of the Tennessee Eastman Hiking and Canoeing Club is to provide a program of hiking, paddling, and similar outdoor recreational activities. The Club also seeks to establish and expand area hiking trails and provide education in outdoor skills and safety.

General Club Information

The Club is a member of the Appalachian Trail Conservancy and maintains a section of the Appalachian Trail from Spivey Gap, North Carolina, to Damascus, Virginia. This accounts for about 127 miles of treadway.

The Club is a nonprofit outdoors club, founded in 1946, offering a year-round program of activities, including day hikes, backpacking, paddling trips, camping, caving, mountain biking, social gatherings, and trail maintenance. Specifically, the club participates in or helps sponsor the following activities:

- ◆ Recreational hikes and paddling trips
- ◆ Educational presentations of the Appalachian Trail to youth and civic groups
- ◆ Camping equipment rental (full membership required)
- ◆ Fall and Winter Dinner Meetings, which include special slide programs and other presentations
- ◆ Regular maintenance of the Appalachian Trail
- ◆ Special Appalachian Trail work outings
- ◆ "Introduction to Paddling" course
- ◆ River cleanups
- ◆ Appalachian Trail Conservancy—Konnarock Summer Work Crew
- ◆ Appalachian Trail Days in Damascus, Virginia
- ◆ Appalachian Trail Maintainers Dinner Meeting, which covers safety issues and maintenance objectives
- ◆ Club-organized First Aid Certification courses
- ◆ Northeast Tennessee Public Lands Day
- ◆ Special community service projects, including construction and maintenance of local trails
- ◆ Cosponsorship with Carolina Mountain Club and Smoky Mountain Hiking Club of "South Beyond 6000," which honors those who hike 40 of the highest peaks in the Southeast U.S.

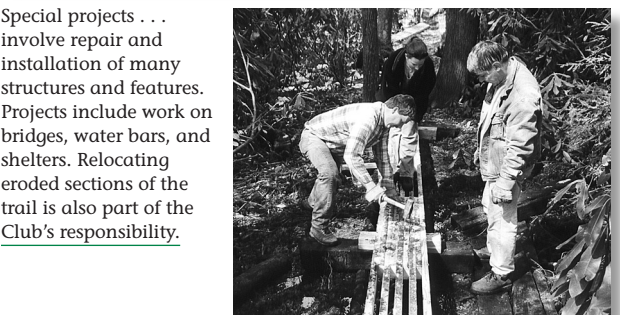
TEHCC is organized under the auspices of the Eastman Recreation Club for the benefit of Eastman Chemical Company employees, retirees, and their families. Membership requirements consist of concurrent membership in the Recreation Club and payment of annual dues. Others not affiliated with Eastman are welcome to participate in club activities as a Program Affiliate.



Hiking . . . is one of the popular recreational opportunities to view the magnificent and unique variety of Appalachian features of rolling hills, open balds, and riparian forests.



Paddling . . . opportunities can be enjoyed over a range of an individual's capabilities during all seasons.



Special projects . . . involve repair and installation of many structures and features. Projects include work on bridges, water bars, and shelters. Relocating eroded sections of the trail is also part of the Club's responsibility.

For more information, please contact

Tennessee Eastman Hiking and Canoeing Club
400 S. Wilcox Drive, B-310
Kingsport, TN 37662
(423) 229-3771



or visit our Website:
www.tehcc.org

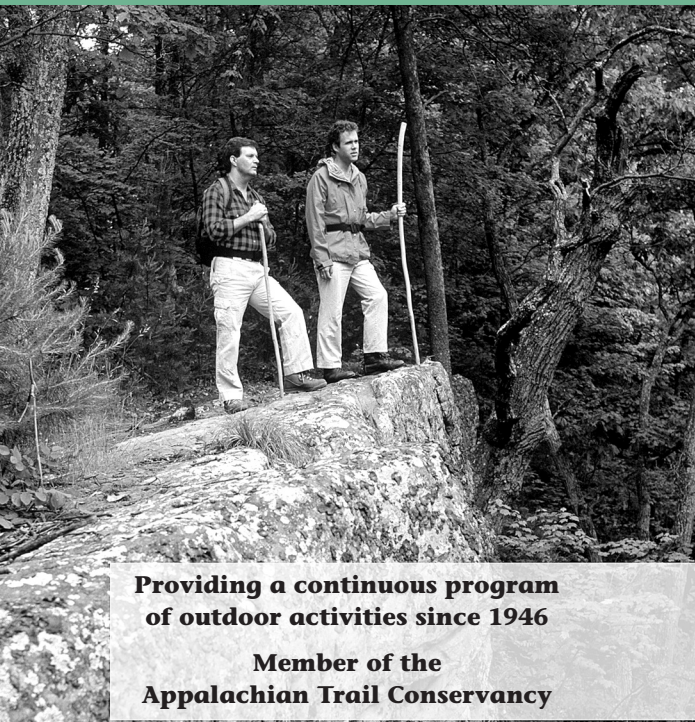


TEHCC

Tennessee Eastman



Hiking and Canoeing Club



Providing a continuous program of outdoor activities since 1946
Member of the Appalachian Trail Conservancy

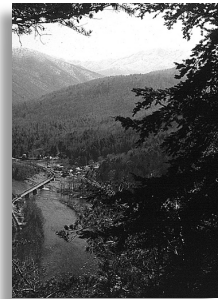
TEHCC's Section of the Appalachian Trail



Grindstaff Monument



Hump Mountain



Nolichucky River



Grassy Ridge



Carvers Gap



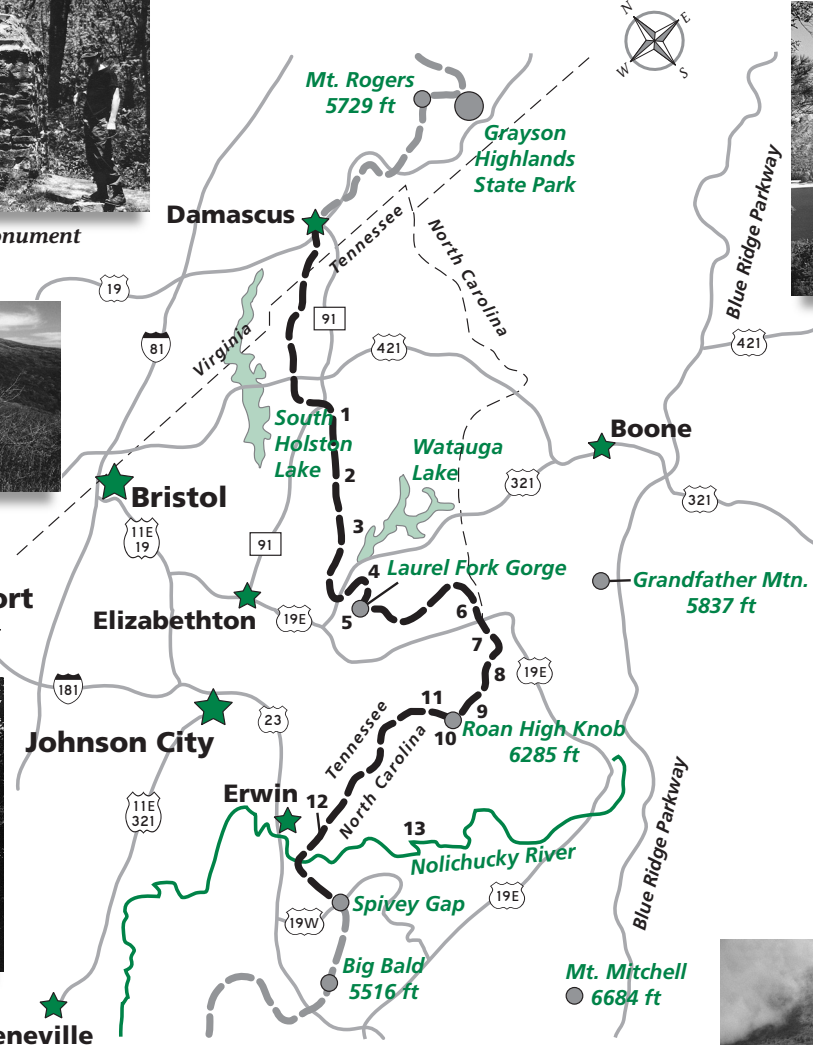
Watauga Lake



Laurel Falls



Roan Mountain



AT Section Highlights

- 1 Grindstaff Monument**—a monument to honor an earlier settler and hermit
- 2 Big Laurel Branch Wilderness**—a remote wilderness that traverses the ridge of Iron Mountain
- 3 Watauga Lake**—a clean and majestic lake nestled in the mountains
- 4 Pond Mountain Wilderness**—a high altitude remote wilderness
- 5 Laurel Falls**—a scenic waterfall, located in Pond Mountain Wilderness
- 6 Jones Branch Falls**—the tallest waterfall along our section
- 7 Hump Mountain**—one of our unusual balds with 360° views
- 8 Grassy Ridge**—a summit with panoramic views overlooking rhododendron stands and balds
- 9 Carvers Gap**—access point for the Roan Highlands
- 10 Roan High Knob Shelter**—the highest shelter on the AT
- 11 Roan Mountain**—home of the Rhododendron Festival each June and the world's largest wild rhododendron gardens
- 12 Beauty Spot**—an open area with fantastic views
- 13 Nolichucky River**—a great place to raft

Benefits of Club Membership

- Publications:** Web-based monthly newsletter, 6-month calendar of events, library of books and maps
- Discounts:** Area sporting goods stores provide a 10% discount on non-sale items to members who present their membership cards
- Organized events:** Hiking, paddling, camping, maintenance, and seasonal programs
- Training:** Organized courses to enhance trail skills, paddling skills, orienteering, safety, first aid and CPR, Leave No Trace
- Resources:** Access to a variety of information—hiking, paddling, equipment, and suggested hikes
- Awards:** Hiker of the Year, Paddler of the Year, Frank Oglesby Maintainer of the Year, Stan Murray Award, and other special recognitions
- Networking/socializing:** Meet others with your interests

■ on the profile map below indicates wilderness areas



TEHCC Survey Form

The Club needs the active participation of its members in its outdoor activities. Help build this enthusiastic resource for today and the legacy for future generations by joining the TEHCC and becoming a volunteer today!

Activity Interests (check all that apply)

Hiking

☐ Day Hiker ☐ Backpacker ☐ Distance Hiker

Paddling

☐ No experience ☐ Beginner ☐ Intermediate ☐ Advanced

Times available to participate:

☐ Weekdays ☐ Evenings ☐ Weekends

Would you volunteer to:

☐ Donate materials or professional services, please specify: _____

☐ Help organize teams

☐ Serve as an officer or committee member

Would you consider volunteering to:

☐ Help maintain trails

☐ Help build trails

☐ Adopt a trail, specify location interest _____

☐ Participate in bridge or shelter projects

☐ Lead a hike

Participation category:

☐ Employee

☐ Program Affiliate

☐ Retiree

☐ Adopter

☐ Other, please specify _____

Note: TEHCC does not release personal information gathered here for non-club activities or solicitation lists.

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