

Learn to Kayak!!

Beginner Whitewater Kayaking Clinic July 14-15, 2012



If you've ever thought how much fun it would be to learn how to kayak now's your chance!! The Beginner Whitewater Kayak Course, sponsored by the Appalachian Paddling Enthusiasts (APEs) and the Tennessee Eastman Hiking and Canoeing Club, will be held July 14th and 15th in the Tri-Cities area. The clinic is designed for anyone wanting to learn the fundamentals of whitewater kayaking—fundamentals that will ensure a fun and safe time on the river. No previous experience is necessary. Instruction will consist of one day on flat water and one day on the river. As in the past, there will continue to be a strong emphasis on safety. Participants will be responsible for providing their own gear and transportation, although loaner gear is available on a first come basis.

Minimum required gear: Whitewater kayak, double-bladed (kayak) paddle, whitewater helmet, spray skirt, PFD (life jacket) and water booties/shoes. Students are responsible for bringing their own lunch and drinking water.

Schedule: July 14th (Sat) Lake instruction, 8am—4pm
Location: Warrior's Path State Park.
Students must participate on Saturday to participate on Sunday.

July 15th (Sun) River Trip, class II, 9am—4pm
Location: Lower Nolichucky River.

Note: Instructors reserve the right to exclude anyone if they believe safety will be compromised.

Cost: **\$75.00** per student (which includes a \$5 ACA event membership fee and a \$10 APEs membership fee). Current ACA members deduct \$5 from the cost. Current APEs or TEHCC members deduct \$10.

Registration: complete and return the form below and mail it along with your check

made out to Scott Fisher by July 6th to: **Scott Fisher, 109 Highland Gate Dr., Johnson City, TN 37615.**

Questions: Contact (276) 698-4644 or e-mail tfisher1@its.jnj.com.

REGISTRATION FORM

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____ Age: _____

Cell Phone: _____ Home Phone: _____

E-Mail: _____ Experience: Beginner ___ Novice ___

Current ACA Member? ___ Current APEs or TEHCC Member? (specify which) _____

What do you want to get out of the course?

List any previous instruction you may have received:

List any previous kayaking experience you may have had:

Do you have any health related conditions the instructor should be aware of during this course? If so, please explain (this info will only be made available to the instructor(s) but if you would feel more comfortable talking with them in private about your condition, please do so):
