

THE TENNESSEE EASTMAN HIKING & PADDLING NEWS

January 2004

www.tehcc.org

Note: the deadline for submitting articles and photos for next month's newsletter is the 15th of the month!

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| NEXT TWO MONTHS | | | | |
|--|---------------|-------------------|---------------|--------------|
| Description | Rating | Leader | Date | Phone |
| Wilderness Wildlife Week, Pigeon Forge, TN | - | | Jan 10-18 | |
| Third Saturday Maintenance | - | Joe DeLoach | Jan 17 | 423-753-7903 |
| American Red Cross Adult CPR & Basic First Aid Class | - | Rebekah Dotson | Feb 16 -17 | 423-245-8045 |
| Third Saturday Maintenance | - | Joe DeLoach | Feb 21 | 423-753-7903 |

TEHCC Steering Committee Election Results

The results of the TEHCC Steering Committee elections are final. Congratulations to the new Steering Committee Members!

- Anne Cosby
- Lauren Huffman
- Cory Wells

Anne, Lauren and Cory will begin their term in January 2004 and will serve for two years. Vic Hasler, Collins Chew and Terry Oldfield are serving the second year of their two-year term. Those rotating off the committee after serving two years are Garry Luttrell and Richard Guinn. Vic Hasler is the new Steering Committee chair and Kim Peters will be serving one more year as Past Chair.

American Red Cross Adult CPR and Basic First Aid Class

February 16-17, 2004
Eastman Lodge □ Room A2



American Red Cross certified instructor and fellow kayaker Hank Mullins has offered to teach an Adult CPR & Basic First Aid Class for Appalachian Paddling Enthusiasts (APE□s) and Tennessee Eastman Hiking and Canoe Club (TEHCC). The dates for the class are February 16th & 17th from 6:00 to 9:00 pm at the Eastman Lodge in Kingsport, Tennessee. The cost for this two night class will be \$25/person made payable the first night of the class. This class should be a good precursor to the Wilderness First Aid Course being offered in July.

If you are interested in participating in this class, please fill out the form below and send it to Rebekah Dotson at 1900 Madison Ave., Kingsport, TN 37665. There will be a limitation of 15 students for this class and students will be admitted on a first come/first served basis. However, if a lack of interest is shown, the class will be canceled. Also, if anyone is interested in taking a CPR recertification class, please contact Rebekah Dotson. If enough interest is shown in recertification only, a date/time/location will be determined for this class as well. For questions or concerns, you may contact Rebekah Dotson by phone (423)245-8045 or e-mail at .

REGISTRATION FORM

Name: _____

Date: _____

Address: _____

Home Phone: _____

Work Phone: _____

E-mail: _____

List of Previous First Aid Courses taken and/or First Aid Experience:

ATC Workshops Available in 2004

Each year ATC helps sponsor workshops to assist clubs with training to carry out their management activities on the AT. We currently have a list of courses that will be available for AT maintaining club members to take as needed or desired based on the published workshop schedule. If you are interested in any workshop training, please let Steve Perri (423-229-1484,) know or if you have a specific course question, you can contact Matthew Davis at ATC in Asheville, NC at .

It looks like there will be no recertification training for chainsaws this year. ATC changed the curriculum and they want everyone to start off with the new version of the chainsaw course. The two courses most convenient for us will be at Sugar Grove (Mar 6-7 and Apr 24-25).

Most courses are free with the exception of those courses where a special outside instructor will be required (First Aid, CPR & Wilderness Medicine). The locations of the training courses are

different for most of the workshops, please see the [ATC brochure](#) (Adobe Acrobat document) for specific details. The published dates of these workshops are as follows:

| Date | Workshop |
|----------------|--|
| February 7-8 | Chainsaw Certification |
| February 14-15 | Crosscut Certification |
| February 20 | First Aid/CPR |
| February 21-22 | Chainsaw Certification |
| February 27-28 | Crosscut Certification |
| February 27-28 | Chainsaw Certification |
| March 5 | First Aid/CPR |
| March 5-6 | Crosscut Certification |
| March 6-7 | Chainsaw Certification |
| March 12-13 | Chainsaw Certification |
| March 13-14 | New Trail Design |
| March 13-14 | Chainsaw Certification |
| March 27 | First Aid/CPR TBA |
| March 27-28 | Leave No Trace (Trainer) |
| April 3-4 | Leave No Trace (Trainer) |
| April 3-4 | Crosscut Certification |
| April 24-25 | Chainsaw Certification |
| April 25-30 | Leave No Trace (Master) |
| April 30-May 2 | Wilderness First Aid/CPR |
| May 1-2 | Trail Assessment and Repair |
| May 8 | Gripchoist |
| May 9 | Rockwork |
| May 22 | Rockwork (emphasis on drainage) |
| May 23 | Tool maintenance |
| June 18 | Rock Cribbing |
| June 26-27 | Privy Building Workday |
| TBA | Crosscut Certification (in Georgia) |
| TBA | Chainsaw Certification (in Tennessee) |
| TBA | Chainsaw Certification (in North Carolina) |

** Be sure to check the web site or call ATC to check up on workshops with dates listed as TBA**

Volunteer Trail Crew T-Shirt Design

Here's your chance to design the 2004 Volunteer Trail Crew T-shirt! We have a few ideas that we're throwing around here in the office, but we thought we would give you all a chance to come up with something as well. Basically, all we need are your designs by Jan 20th. The front is standard with the year and trail crew, so you'll be designing for the back of the T-shirt only. Be creative and have fun with it!! If you have any questions, feel free to contact me, Sarah Ashton, in the Central and Southwestern Virginia Regional Office.

Sarah Ashton

Regional Program Assistant
Virginia Regional Office
1280 North Main Street
Blacksburg, VA 24060
Phone: 540-961-5551
Fax: 540-961-5554

A.T. Museum Logo Designs Wanted

The Appalachian Trail Museum committee is accepting designs for an Appalachian Trail Museum logo. Guidelines for the design:

1. It should include a component that implies the "A.T."
2. Ideally, it should include a component that implies "museum".
3. All components must be easily identifiable when the logo is reduced to a small size, as it will be used on a letterhead.
4. The deadline for entries is February 29, 2004.

A prize of a cap with the logo will be awarded to the author of the selected design. In addition, the original submission will be displayed in the museum. So, put on your thinking caps and start designing! Submit designs to:

Henry and Carla Lafleur
11 Sunset Lane
Montgomery, Massachusetts 01085-9827
Email:

Scheduled Hiking, Paddling and Trail Maintenance Opportunities (*Future*)

Wilderness Wildlife Week, January 10-18, 2004

Submitted by Garry Luttrell

The 14th annual Wilderness Wildlife Week will be held January 10-18, 2004, at the Music Road Hotel and Convention Center, in Pigeon Forge, Tennessee.

Special Activity and Trip Reports (*Past*)

No trip reports submitted.

Appalachian Trail Section Maintenance and Special Project Reports (*Past*)

Name: Joe DeLoach

Date: November 25, 2004

Purpose: Check of adopted section

Section: 9 - U.S. 321 to Hampton trailhead

Location: Shook Branch to Pond Flats

Number: 2

Total Hours: 16

People: John Thompson, Frank Williams

Individual Hours: 8 hours each

Summary: We did some clipping, removed debris from the trail and removed three blowdowns (minor for a chainsaw, but major for two old guys with a bow saw). We left two pines across the trail about 3/4 mile from the cemetery road. These are not too difficult to step across, but they should be removed. A cross cut saw will be needed. In general this section is in good shape except for about 200 yards near Cemetery Road. Here the trail is getting narrow and the switchbacks need work.

Name: Carl Fritz

Date: November 25, 2003

Purpose: Relocate trail to eliminate steep section

Section: 11 - Dennis Cove Road to Bitter End

Location: Trail North of Walnut Mountain Road

Number: 8

Total Hours: 61

People: Paul Benfield, Ken Buchanan, Bill Elderbrock, Hueston Fortner, Carl Fritz, Ed Oliver, Bob Peoples and HIKER Rock Dancer

Individual Hours: 5x8 hrs (Ken, Bill, Hueston, Carl, Ed) + 3x7 hrs (Paul, Bob and Rock Dancer)

Summary: We completed a relocation and blazed it. Then we started and opened another short adjoining relocation. It will require a locust log crib and fill to protect a large tree's roots to finalize this section.

Name: Carl Fritz

Date: December 2, 2003

Purpose: Relocate trail to eliminate steep section

Section: 11 - Dennis Cove Road to Bitter End

Location: Trail North of Walnut Mountain Road

Number: 9

Total Hours: 70

People: Paul Benfield, Ken Buchanan, Bruce Cunningham, Bill Elderbrock, Hueston Fortner, Carl Fritz, Ed Oliver, Bob Peoples, Frank Williams

Individual Hours: 2x7 hrs (Paul & Bob) + 7x9hrs (everyone else)

Summary: We finished the relocation from last week by installing a locust crib and backfilling to protect some tree roots. We also started another relocation north of the two bridges we installed earlier this fall. All was enjoyably done with the temperature below freezing all day.

Name: Carl Fritz

Date: December 12, 2003

Purpose: Check potential tree thinning and inventory bridges

Section: Other

Location: Sections 11 & 12, north and south of Bitter End

Number: 3

Total Hours: 27

People: Carl Fritz, Ed Oliver and Morgan Sommerville plus five US Forest Service personnel

Individual Hours: 9 hours each for Carl, Ed and Morgan

Summary: We met with Morgan Sommerville and five US Forest Service personnel to check view shed of a forty acre white pine site which they are considering for selective thinning. The thinning should make the stand more resistant to future southern pine bark beetle infestations. All agreed that the proposed cutting should not impact the views from AT. Morgan, Ed and Carl walked through from Bitter End to Walnut Mt. Road to review trail relocations over the last three years. Morgan was impressed with the flow and quality of these new sections. Morgan also inventoried the bridges along this route and at Bear Branch Road for the National Park Service list.

Name: Carl Fritz

Date: December 16, 2003

Purpose: Relocate trail to eliminate steep section

Section: 12 - Bitter End to U.S. 19E

Location: Trail North of Walnut Mountain Road

Number: 7

Total Hours: 54

People: Paul Benfield, Ken Buchanan, Sunny Chaney, Hueston Fortner, Carl Fritz, Bob Peoples, Frank Williams

Individual Hours: 2x7 hrs (Bob & Paul) + 5x8 hrs (everyone else)

Summary: On this pleasant December day, we made good progress and dug 160 feet of trail. Much remains to be done on this long relocation before it can be opened.