

**THE TENNESSEE EASTMAN**  
**HIKING & PADDLING NEWS**

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**Contents**

- [Next Two Months at a Glance](#)
- [Ecologist and nature writer Anne LaBastille named to Basler Chair](#)
- [Canoeing News](#)
- [Special Activity and Trip Reports \(Past\)](#)
- [Scheduled Hiking, Paddling, and Trail Maintenance Opportunities \(Future\)](#)
- [A.T. Section Maintenance and Special Project Reports \(Past\)](#)

<b>NEXT TWO MONTHS AT A GLANCE</b>				
<u>Date</u>	<u>Description</u>	<u>Rating</u>	<u>Leader</u>	<u>Phone</u>
September 1	Grassy Ridge Moonlight Hike	C/3/C	Richard Colberg	423-288-8333
September 1-7	Mt. Elbert, Leadville, Colorado	AA/1/A	Collins Chew	423-239-6237
September 15	North Rim □ North Plateau Loop (Tennessee Trails Association)	AA/2/D	Chris Fox (TTA)	731-586-4744
September 15	Work Trip with Lees McRae College - Elk River Relocation (Third Saturday)		Ed Oliver	423-349-6668
September 22	Linn Cove Viaduct/Tanawha Trail Rough Ridge	B/3/C	Vic Hasler	423-239-0388
September 29	Whitetop-Laurel Circuit	A/3/C	Kathy McDavid	423-349-4901
September 29	Work Trip with Lees McRae College - Elk River Relocation (Third Saturday)		Ed Oliver	423-349-6668
October 13	Fall Dinner Meeting (tentative)			
October 18-19	Carvers Gap to U.S. 19E	AA/2/B	Chris Fox	731-586-4744
October 20	Iron Mountain Gap to Hughes Gap	B/2/C	Chris Fox	731-586-4744
October 20	Hughes Gap to Iron Mountain Gap	B/2/B	Richard Colberg	423-288-8333
October 27	Doe River Gorge	C/4/D	Steve Falling	423-239-5502

**Ecologist and nature writer Anne LaBastille named to Basler Chair**

*Mary Fanslow reporting:*

*From the ETSU website:*

August 7, 2001

JOHNSON CITY - Dr. Anne LaBastille, an internationally recognized authority on the conservation of endangered wildlife and preservation of wilderness, has been named to the Wayne G. Basler Chair of Excellence for the Integration of Arts, Rhetoric and Science for the fall 2001 semester at East Tennessee State University.

LaBastille will teach "Wilderness Literature and Writing" during the semester and will deliver four free public lectures: "Thoreau and the Woodswoman" on September 10; "Women and Wilderness" on October 8; "Environmental Restoration at Atitlan, Guatemala: A Dangerous Case Study" on November 12; and "The Adirondacks-The Beauty and the Peril" on December 5. All lectures are scheduled for 7 p.m. in the Martha Street Culp Auditorium within ETSU's Culp University Center.

LaBastille's background is rich with varied experiences. She has worked on photojournalism assignments for National Geographic Magazine from Adirondack Park in New York to the parks of Central America; served as director for Smithsonian Institution projects; helped the World Wildlife Fund establish parks in Guatemala and Panama; and acted as staff ecologist and lecturer on specially designed cruises to Central America, the Caribbean, Baja California and Alaska.

Some of LaBastille's major interests include introducing and training women for wilderness experiences, international conservation projects, including the preservation of Lake Atitlan in Guatemala, and domestic environmental concerns, especially the state of New York's Adirondack Park.

LaBastille is the author of five children's books and nine books for adults, including *Woodswoman*, *Women and Wilderness*, and most recently, *Jaguar Totem*. She resides in New York state in a log cabin she built herself, but maintains a busy schedule of lectures and workshops concerning the wilderness and photojournalism in locations as diverse as Cornell University and University of the Valley in Guatemala.

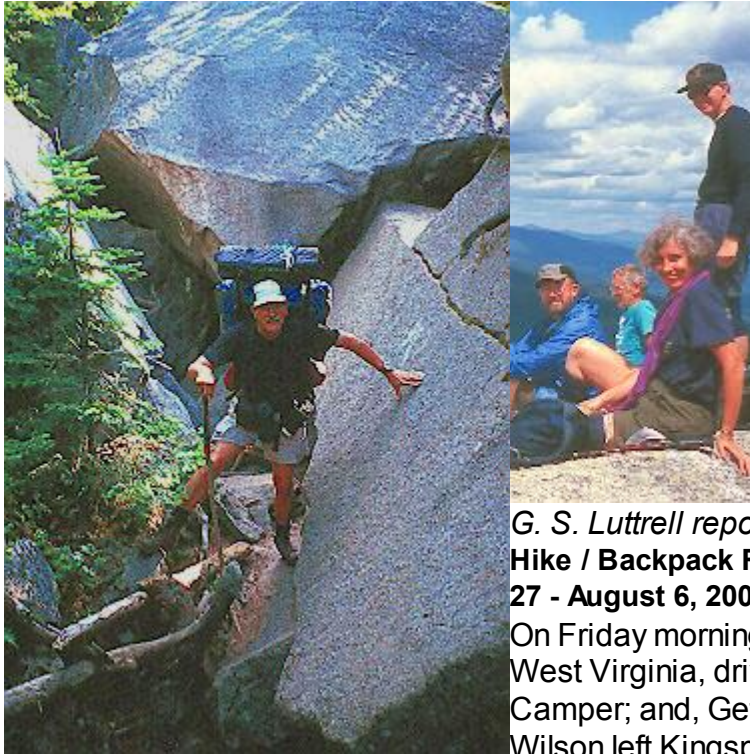
Two television documentaries have featured LaBastille's life and work, and she was the first woman to receive the Citation of Merit from The Explorers Club and the Jade of Chiefs Award from the Outdoor Writers Association of America. For further information about LaBastille, her class or lectures, contact Dr. Judith Slagle, chair of the ETSU department of English at (423) 439-4339.

## **Canoeing News**



Gorilla Rapids on the Narrows of the Green near Saluda, N.C. *Photo courtesy of Mike Morrow.*

### **Special Activity and Trip Reports (*Past*)**



*G. S. Luttrell reporting:*

**Hike / Backpack Report: From Maine Highway 17 to Gorham, N.H., July 27 - August 6, 2001**

On Friday morning, Susan Greenwood and Zane Perry left Beckley, West Virginia, driving Zane's Toyota Truck and pulling a Scamp Camper; and, Gether Irick, Garry Luttrell, Kent Wilson, and Nancy Wilson left Kingsport in two cars with two-way radio contact. By chance, we all met for dinner at the Perkins Restaurant in Milford, Pennsylvania, just before the New York border. On the next night, Saturday, we met again at the Pine Ellis Covered Bridge Campground at Andover, Maine, which is an ideal location to access the sections of the A.T. we wanted to hike. On Sunday we day hiked the 10.3 mi. (3050 ft. elevation gain) section from East B Hill Road to Grafton Notch, crossing the beautiful Baldpate Mountains. On Monday, we began our four day backpack (32 mi, 8750 foot elevation gain) from Grafton Notch to Gorham, N.H., passing through the infamous Mahoosic Notch, over Old Specter, Goose Eye Peaks, Mt. Carlo, Mt. Success, Gention Pond, and Cascade Mountain. Overnight campsites included the east end of Mahoosic Notch, Mt. Carlo Campsite, and Tri Col Campsite. Friday's hike was a 10.1 mi, 3675 foot elevation gain trek from South Arm Road to East B Hill Road, crossing Moody, Hall, and Wyman Mountains. The final hike on Saturday was 13.4 mi, 3850 foot elevation gain, from Maine Highway 17 to South Arm Road, crossing the Bemis Range and Old Blue Mountain. We were real lucky with the weather all week with sunny, clear days (permitting excellent views from the many above tree line peaks) and temperatures in the 70s and 80s, very little insect bother, except at the campground, at times. I think we all agreed that this section of trail deserved the title as "the most rugged section of the A.T.". The uphill and especially the downhills were so steep that many times we couldn't hike faster than 1 MPH. Everyone received a few battle scars going through Mahoosic Notch, but we enjoyed the experience. As we entered the Notch, we came upon a group of young folks camped right in the trail, who had spent half a day trying to get through and didn't make it before dark: the reason it took so long was that they had their 75 year old Grandmother with them. We later found out that they all made it out OK. We found and grazed blueberries on the peaks, but they weren't as big and sweet as the ones at Grayson Highlands. Zane kept us on our toes with his tall tales, and he "pulled our leg" a few times. Of course we got even with him, and a few pranks were pulled on others as well. After a few of the day hikes, some of us cooled off by taking a swim under the covered bridge. We met several through hikers, and saw them several times, because we were hiking N to S on each section, and generally working our way north during the week. One of those through hikers was from Kingsport: Andy Schrader, son of Bob Schrader, who worked in Plastics Sales at Eastman. Great week of hiking. Thanks, Gether, for planning and leading it!

# Scheduled Hiking, Paddling and Trail Maintenance Opportunities (*Future*)

## **2001 Multi-Club Meet, August 31-September 3, 2001**

*Leader: Steve Perri*

The 2001 Multi-Club meet will be hosted this year by the Tidewater Appalachian Trail Club on Labor Day weekend Friday Aug. 31-Sept. 3, 2001. Multi-Club is a weekend of hiking, renewing old friendships, making new friends, and just having fun with people who maintain the A.T. in the Southern Region. The location this year is Sherando Lake Campground near Waynesboro, Virginia.

Registration and meal forms are available from Steve Perri, 423-229-1484 or e-mail. Registration is \$12.00/person, there is no charge for persons under 16, and there is no camping fee. Meals provided through registration are for Sat. breakfast, Sat. dinner, Sun. breakfast, and Sun. evening cookout.

Registration deadline is August 3, 2001. For more info, call Steve Perri or check out the [Tidewater Appalachian Trail Club](#) website.

## **Hike Notice: A.T. Moonlight Hike - Carvers Gap to Grassy Ridge, September 1, 2001**

*Leader: Richard Colberg, 288-8333*

*Rating: Moderate (5 miles)*

Saturday, September 1 is the day before a full moon, and hopefully will offer clear weather. (Yes, I know September 1 is Labor Day weekend, but this was the best weekend this Fall to have a full moon close to a Saturday.) We plan to hike from Carvers Gap, enjoy the sunset and moonrise (about 7:45 PM) from the top of Grassy Ridge, and hike back in the dark. We'll meet in the parking lot between McDonalds and State of Franklin Bank in Colonial Heights at 4:00 PM, for a 4:15 PM departure. Bring appropriate clothing (it could be cool and windy after dark), flashlight, batteries, water and snacks (e.g., hot chocolate). Good footwear (e.g., boots) is recommended since the trail is rocky and we'll be hiking after dark. This hike is weather dependent since we can't see the moon in overcast (or rainy) weather. Call hike leader for details.

## **Maintenance Trip Notice: Student Work Trips, September 15 and 29, 2001**

*Leader: Bill Stowell*

We have two student work trips planned for September, and as always, we can use all the help we can get. Call Ed Oliver at 349-6668 for information and to volunteer.

September 15 - Saturday work trip with Lees McRae College - at Elk River Relo

September 29 Saturday work trip with Lees McRae College - at Elk River Relo

## **Hike Notice: North Rim □ North Plateau Loop, September 15, 2001 (Tennessee Trails Association)**

*Leader: Chris Fox, (731) 586-4744,*

Park Name: Savage Gulf State Natural Area

City, State: Monteagle, Tennessee

*Note: this is a Tennessee Trails Association hike*

This loop combines the 6.3 mile North Rim Trail, with its spectacular views of the gulf, with a return through plateau hardwood forest on the 7.1 mile North Plateau Trail. The North Rim Trail provides more overlooks than any other trail in the South Cumberland area, as it follows the rim of the Savage Gulf. The trail is rated easy, but 13.4 miles makes for a long day. Let's prepare adequately for a long day hike, with lunch at the Hobbs Cabin campsite. Meet at 9am at the Savage Ranger Station.

## **Hike Notice: Linn Cove Viaduct/Tanawha Trail/Rough Ridge (North Carolina), September 22, 2001**

*Leader: Vic Hasler*

*Rating: B3C*

You've seen the car commercials where a fast car races around a bridge hanging on a mountain. The Linn Cove Viaduct was an engineering feat at 4100' in order to minimize impact on the land. This hike is from Linn Cove Visitor Center (at milepost 304 on the Blue Ridge Parkway) along a section of the Tanawha Trail over to Rough Ridge passing under the roadway -- a trail built by U.S. government at a reported \$750,000 price tag. I need at least a second car to go so that we can do a shuttle for a 2.7 mile one-pass hike at a reasonable pace. Depending on group preference, would consider a second hike to see the Linville Falls (1.6 mile round trip at milepost 316) or walk to top of Beacon Hill (0.5 mile round trip at milepost 305). Leave from Colonial Heights at 8AM Saturday for 2 hour drive via U.S. 321 thru Boone, hike and have lunch on the trail, shuttle cars, take in second leg if the day allows, and then return to Kingsport around 5PM. Please call 239-0388 if you can go, so that carpooling can be arranged.

**A.T. Hike Notice: Carvers Gap to U.S. 19E, October 18-19, 2001 (Tennessee Trails Association)**

*Leader: Chris Fox, (731) 586-4744,*

*Note: this is a Tennessee Trails Association hike*

A spectacular hike with panoramic vistas, wide-open spaces, and miles of waving grass. The trail is rated strenuous, and 13.4 miles that includes the Roan Massif says this is best done as an overnigher. Please prepare adequately. Meet at 9am at the parking area at Carvers Gap.

**A.T. Hike Notice: Iron Mountain Gap to Hughes Gap, October 20, 2001 (Tennessee Trails Association)**

*Leader: Chris Fox, (731) 586-4744,*

*Note: this is a Tennessee Trails Association hike*

A remote and little used hike that provides excellent views of two of the highest mountains in east Tennessee - Unaka Mountain and Roan Mountain. The hike is rated moderate, but 8.1 miles says we should prepare adequately for a long day hike, with lunch at the Clyde Smith Shelter. Meet at 9am at the parking area just west of the N.C. state line.

**Hike Notice: Doe River Gorge, Saturday, October 27, 2001**

*Leader: Steve Falling, 423-239-5502*

This will be an easy hike into the beautiful Doe River Gorge near Hampton, Tennessee. The hike follows the old ET&WNC railroad grade through the gorge. The hike will pass through two tunnels and maybe over a bridge. I expect we will walk 2-3 miles in (slight uphill grade) then return on the same route. Tired hikers can turn back at any point they want. The railroad grade is narrow at times and high above the river so children must be carefully controlled. The restored narrow gauge train will not be running so it is safe in that regard. We must check in with the DRG office and sign liability release forms before the hike. With the natural beauty of the gorge and the fall colors, you will definitely want to bring a camera on this hike. We will meet at the Colonial Heights parking lot between McDonalds and the bank at 9:00am and return about 3:00pm. Bring water, lunch and raingear. Call or email Steve Falling at 239-5502, for more information.

## **A.T. Section Maintenance and Special Project Reports (Past)**

*Tim McClain reporting:*

**Date:** August 4, 2001

**Participants:** Tim and Peggy McClain

**Total person hours:** 8 x 2 = 16

Tim and Peggy McClain worked on their adopted section (2.5 miles north of U.S. 421). Cut a healthy crop of weeds and nettles. There were no blowdowns.

*Bill Stowell reporting:*

**Date:** August 9-13, 2001

**Subject:** Konnarock work report:

TEHCC, along with the Konnarock Crew, continued working on the Elk River relocation. Saturday and Sunday afternoon we got to leave the work site in a monsoon rain storm. Monday was a big rain event also. We are progressing towards Jones Branch Falls which was flowing well after all the rain. One switchback where steps are being built is shaping up to be an engineering problem. Ed and a small crew started clearing towards the falls and got close before the rains came. Total hours for the week: 241 person-hours. Those working this week were:

<b>Name</b>	<b>Days</b>	<b>Hours</b>
David Gibson		4
Bob Peoples		4
Ed Oliver		3
Kim Peters		2
Craig DeLoach		2
Bill Stowell		2
Gypsy Wind		1
Joe DeLoach		1
Steve Perri		1
Frank Williams		1
Kathy McDavid		1
Carl Fritz		1

*Dixie Hoilman reporting:*

**Date:** August 19, 2001

**Total person hours:** 2 x 7 = 14 hours

Dixie and Fred Hoilman checked the bridge on Jones Branch on Sunday, August 19. The bridge is in good shape after the floods. Blow downs were also cleared along the way.

*Bill Berry reporting:*

**Dates:** August 24 and 25, 2001

**Total person hours:** 17 (1x9 + 1x8)

Completed maintenance of the trail from Spivey Gap to Temple Hill Gap. There is no damage to either of the two bridges above Spivey Gap. It appears there was a lot of water run off over most of the trail, which washed off most of the ground cover protecting the trail. If we have many more heavy rains it could cause some problems with erosion. Over all, the trail is in good shape. I removed more than fifteen blowdowns between Spivey and Temple Hill Gap. All of the blowdowns were small, and could be crossed with ease except three. There is still a large tree across the trail about half way between Devil Creek Gap and No Business Shelter. I have cleared around the tree and it can be crossed with no danger. I plan to cut it out next week. In reference to an e-mail from Collins Chew about no blazes, he must have been talking about relocation around Devil Creek. True, there are few blazes in that area. We felt the trail was well defined and were trying not to overblaze. I will put some blazes in that area.

*Bill Stowell reporting:*

**Date:** Sunday, August 26, 2001

**Section:** 12 (Bitter End to U.S. 19E)

**Purpose:** Host 2nd Annual ASU/Watauga College Freshman Fall Orientation Maintenance Trip

**Number of People:** 124 (ASU people sent in separate file; TEHCC: Bob Peoples, Craig DeLoach, Ed Oliver, Steve Perri, Steve Wilson, Kathy McDavid, Ray Tarpley, Jeff Sirola, Frank Williams, Carl Fritz, Bill Murdock, David Gibson, Bill Stowell; ATC: Derek Ibarguen; ASU/Konnarock Crew member: Brittany

Brinkley)

**Total person-hours:**  $124 \times 11 = 1364$

We had a great day with 97 students, 12 faculty, and 15 TEHCC/ATC people. Brittany Brinkley from ASU who worked on Konnarock also came out to help along with Derek Ibarguen from ATC. The students were shuttled in with vans and each group was sent up to work on a 100 ft section of "soon to be" trail. The lunches were brought in with sophomore students who worked on the trail project last year assisted by ASU Faculty. We got a lot of quality trail constructed with approximately 1100 feet of new trail being completed. ASU treated all to a great barbeque dinner at the conference center at Roan Mountain State Park where the students were presented patches for helping build the A.T. Thanks go to the USFS folks who helped make this happen. They included Amy Fore, Scotty and Boone from the Watauga Work Center, and Linda Randolph from the Appalachian Ranger District in North Carolina. Thanks everyone.