## The Tennessee Eastman

### Hiking & Paddling News

May 2001

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### Next Two Months

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Konnarock Crew Dates!!

Konnarock Crew - Trail Relocation and Rehabilitation in the Roan Highlands
Scheduled: May 24-28, May 31-June 4, and June 7-11, 2001
Leaders: Joe DeLoach (423-753-7903), Bill Stowell (423-239-7697), and Ed Oliver (423-349-6668)

In 2001 we will be fortunate to have five weeks with the Konnarock Crew. That is especially fortunate because we have a lot of work to do! Our primary goal will be to complete the relocation of the Appalachian Trail from Carvers Gap to Round Bald and the rehabilitation of the existing Trail from Round Bald to Engine Gap. We already have the gravel in place thanks to the crews that went out in March. We will also need to rehabilitate the route used to haul the gravel up the old A.T. We may need all three weeks to complete those tasks, but if we complete those early we have several other projects in the area we can begin. The Konnarock Crew arrives at the work site around lunchtime on the Thursday of each week and departs around lunchtime on Monday of each week. Volunteers are sought for each of those days. You'll need to bring work gloves, lunch, water, and clothes for the fickle weather the mountains can have that time of year - everything from sunscreen to sweaters! We will meet at the parking lot near McDonalds in Colonial Heights at 8:00 AM each day, but please call ahead of time so we'll know how many tools to bring and to expect you. Those who work at least five days with the Konnarock Crew earn the coveted Konnarock T-shirt. With a good turnout, work goes much faster and makes it more enjoyable for all, so hope to see you there!

15th Appalachian Trail Days Festival

John Reese reporting
Dates: May 18, 19, and 20, 2001
Damascus, Virginia
The 15th Appalachian Trail Days Festival will be May 18,19 and 20, 2001 in Damascus, Virginia. Damascus, famous "refueling" stop for A.T. through hikers, is known as the Friendliest Town On The Trail. In addition to outdoor equipment manufacturers being on hand to answer questions and help with repairs, the Hiker Talent Show and the Hiker Parade are popular happenings at the event. Food and music are plentiful.

John Reese
Chair
Appalachian Trail Days 2001

33rd Biennial Meeting of the Appalachian Trail Conference

July 14-20, 2001 - Shippensburg University, Shippensburg, Pennsylvania
Web Page and Registration
In February, the Registration Package became available online for you to download.
Register before May 10 and save $10 per person. Hikes, workshops, excursions, entertainment, and youth activities and general information will be available to you online. Entertainment tickets are limited due to the size of our auditorium. Enclose your check or money order with your Registration Form and mail it to:
Shippensburg 2001
**Chain Saw Certification Class and Trail Skills Workshops**

*Bill Stowell reporting:*
The U.S. Forest Service is offering a chain saw certification class on May 12 and May 19. You must attend both days for the certification. If you are interested in taking this class, let Bill Stowell know, and he will get you all the information.

Here is the list of trail skills workshops put on by the Appalachian Trail Conference for the rest of the year:

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These are held at various locations. If you are interested, let Bill Stowell know, and he can give you the full info.

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**Paddling News**

**Introductory Whitewater School 2001**

The 30th annual "Canoe School", sponsored by the Tennessee Eastman Hiking and Canoeing Club in association with the Appalachian Paddling Enthusiasts (APEs), will be held June 7th, 9th, and 10th. The school is targeted for beginner and novice solo and tandem whitewater canoeists and kayakers, and consists of an evening of lecture and videos plus two days on the water. As in the past there will continue to be a strong emphasis on river safety. Participants will be responsible for providing their own gear and transportation.

**Minimum required gear:** Whitewater canoe with one paddle per paddler plus one spare per boat and helmet, or a whitewater kayak with paddle, sprayskirt and helmet. One PFD (life jacket) per person. Canoes should have bow and stern lines. All boats must have air bags. Rain jacket. Knee pads. Lunch. Change of clothes in a waterproof bag.

**Schedule:** June 7th (Thur) Lecture and films. 6:00 - 9:00 PM.
Eastman Lodge, Room A2
Eastman Recreation Area, Near Bay's Mountain
Students must attend this meeting to participate on Saturday.

June 9th (Sat)
Lake and River Trip, class I-II. 9:00 AM
Duck Island Parking Lot
Warriors Path State Park, Kingsport, Tennessee
Students must participate on Saturday to participate on Sunday.

June 10th (Sun)
River Trip, class II. 10:00 AM
T.B.D.

Note: Instructors reserve the right to exclude anyone if they believe safety will be compromised. Participants must be a member of TEHCC or APEs. Applications will be provided on Thursday night. If you are a member of the American Canoe Association (ACA), please bring your membership card and member number. This will save you $5.00.

Cost: $20.00 per student payable at the school. Plus membership fee, if applicable.
To register contact Mike Morrow at 423-245-1201 or complete and return the form below and mail it to Mike Morrow at 1028 Surmont Ct. Kingsport, Tennessee 37660 by May 31. Feel free to call for more details.

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REGISTRATION FORM
Name:__________________________________________ Date:__________________
Address:________________________________________________________________
Work Phone:_____________________ Home Phone:___________________________
Craft: Solo Canoe ____ Tandem Canoe ____ Kayak ____
Experience: Beginner ___ Novice___
My tandem partner's name:_________________________. Need partner ___
List previous clinics taken:
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
List up to five rivers you have paddled and their levels (if applicable)
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

Special Activity and Trip Reports
G. S. Luttrell and Kathy McDavid Reporting:

Hike Report - Train Wreck Site on Clingmans Dome
Date: April 21, 2001
My target meeting time for this hike was 7:30 am, and I was waiting for a couple, who earlier had said they were going with us, to arrive. It got close to 8:00 am, and Kathy McDavid's group began arriving. Since we each had just a few hikers and the couple I was waiting for didn't arrive, we decided to combine and go to Clingmans Dome, and also look for wildflowers (the intent of Kathy's hike) in the Smokies. We hit a home
run on both accounts: it was a gorgeous day for hiking and we found loads of wildflowers. After breakfast at the Waffle House in Newport, Richard Colberg, Waylon and Carol Jenkins, Kathy McDavid, and Garry Luttrell drove on to Clingmans Dome to begin our hike down the Forney Creek Trail to a secret spot where you leave the main trail to access the old RR bed to the wreck site, passing a few scattered bluets and thousands of trout lilies, which were just beginning to bloom, on the way. The boiler (48 tubes), bent rail, brake shoes, pipe, coal, camp items such as blued pots, grease boxes, and other pieces and parts are scattered around a wide area. We had lunch at the wreck site, then hiked on to Andrews Bald for the southern view of Fontana and beyond.

On the drive up to Newfound Gap, we noticed that wildflowers were abundant in the mid-elevations from just below Chimneys Picnic Area to just above Alum Cave. So, we pulled into the Chimneys Picnic area, and we were pleasantly surprised. We hiked the nature trail and found more than twenty types of wildflowers. There were thousands upon thousands of White Fringed Phacelia carpeting the whole area, interspersed with Spring Beauty, Jack-in-the-Pulpit, Showy Orchids, Nodding Mandarin, Squirrel Corn, Wild Ginger, Rue Anemone, Wood Anemone, and at least five types of trilliums and four types of violets and several others. Not to mention LOTS of flying insects!! (Right, Waylon???)

By the time we finished enjoying wildflowers, it was supper time. Garry suggested the Open Hearth on the Cosby side of Gatlinburg, so we enjoyed a fine meal, good atmosphere, and good company: a great finish to a wonderful day in the Smokies!

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### Scheduled Hiking, Paddling and Trail Maintenance Opportunities

**Hike: Pinnacle Nature Preserve, Saturday May 5, 2001 (Change in Date!)**

*Leader: Kathy McDavid, 423-349-4901, Rated B3C*

Please join me for a wildflower hike in the Pinnacle Nature Preserve near Lebanon, Virginia. There are towering cliffs, sheer limestone ledges, waterfalls, and several types of wildflowers in this beautiful wooded park, including (if our timing is right) Carey's Saxifrage, Smooth Cliff-brake, American Harebell, Tufted Hairgrass, Canby's Mountain Lover, and White Camas. Be sure to bring water, lunch, rain gear (just in case!!), wildflower books, camera (and tripod, if you want to do some serious photography!!). We'll meet in the parking lot near McDonalds in Colonial Heights at 7:45 for the ~1.5 hour drive. We'll plan to be back by 5 p.m. unless the group decides to stop to eat on the way back. Please let me know if you plan to come so I can send you a map and more information. Kathy McDavid, 349-4901 or .

**Hike: Indian Grave Gap to Nolichucky River, Saturday, May 12, 2001**

*Leader: Steven A. Wilson, 423-239-0456, Rating: Moderate*

This should be a nice spring time hike with a distance of around 6 miles which is mostly downhill. The hike will pass by Curley Maple Gap Shelter where we will plan to eat lunch. Bring appropriate clothes for the weather, water, and a light lunch. We will meet Saturday morning at 8:00 AM in Colonial Heights in the parking lot next to McDonalds to arrange car pooling. For more information, contact the hike leader by phone, or .

**Hike: Grayson Highlands to Fox Creek (Va. 603), Saturday, May 26, 2001 (Change in Date!)**

*Leader: Richard Colberg, 423-288-8333, Moderate (10.3 mi, 2000 ft elevation gain)*

Grayson Highlands State Park is one of my favorite places to hike. Come join me on this hike from Grayson Highlands to Fox Creek (Va. 603). Along the way, we should have excellent views of the surrounding mountains from the balds in Grayson Highlands and the meadows on Stone and Pine Mountains. We'll also...
hike through pleasant hardwood and hemlock forests. We should see wild ponies in Grayson Highlands, and possibly horses on Stone Mountain south of Scales. Please bring appropriate clothing, lunch and water. We'll meet in the parking lot between McDonalds and the former Burger King in Colonial Heights at 7:45 AM for an 8:00 AM departure. Call hike leader for more information.

**Hike Notice: Celo Knob from Pensacola, Saturday, June 2, 2001**

**Leader: Collins Chew, Phone: (423) 239-6237, Rating: Difficult**

This will be a strenuous hike up Celo Knob from the old railroad grade above Pensacola, N.C., near Burnsville. The hike will probably be about 10 miles with a 2,500 foot climb. The drive from Kingsport will be about 200 miles round trip.

The trail is along the old switchbacks of a logging railroad to Deep Gap and along the Black Mountain Ridge to Mt. Celo. The trip was designed to show those planning to climb Mt. Elbert how much training they will need to do but may also be used by Beyond 6000ers to climb Celo Knob (6,327), Gibbs Mountain (6,224) and Winterstar Mountain (6,212). Anyone else interested is welcome. We might return the same way but have always taken a bushwhacking short cut down through an old mica mine down to another branch of the road. Bring appropriate clothing (13 degrees cooler on top), sturdy boots, lunch, raingear, and water. Meet at the regular place near McDonalds in Colonial Heights at 7:30 AM on Saturday, June 2, 2001. For information contact Collins Chew 423/239-6237 or .

**Hike: Laurel Falls, Sunday, June 17, 2001 (note change in date)**

**Leader: Vic Hasler**

After taking ten TEHC hikes, I've decided to "step up" and lead one. (Challenge to other new members: share your favorite jaunts as a leader!) Laurel Falls is the most popular club hike according to my simple database of newsletter items. Date change is due to wedding of family friend. We'll now meet at 12:45 in Colonial Heights on Fathers' Day for a good family hike (and wading at the falls).

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**A.T. Section Maintenance and Special Project Reports**

**Bob Peoples reporting:**

**Date:** March 30, 2001  
**Section:** Pond Flats to Dennis Cove Road  
**Purpose:** Clear blowdowns  
**Number of People:** 3 (Jacob Isleib (Twig), Amy Schmidt (Sun Maid), Zac Tureau (Rabbit))  
**Total person-hours:** $3 \times 9 = 27$

**Summary:** Cut and cleared seven blowdowns between Shook Branch Road and Dennis Cove Road. Blowdowns were all less than 8" in diameter and were cleared with bow saws. Trimmed numerous rhododendrons that were hanging low over the trail or blocking the trail.

**Bob Peoples reporting:**

**Date:** March 31, 2001  
**Section:** 13 - Doll Flats to U.S. 19E  
**Purpose:** Clear blowdowns
**Number of People:** 6 (Ann Penhallow (She-Ra), Canberra, Australia; Dan Fenn (Disco Dan); Diana and Bill Ristom (Happy Feet and Hatman); Zac Tureau (Rabbit); Bob Peoples)

**Total person-hours:** $6 \times 6 = 36$

**Summary:** A group of thru hikers led by Bob Peoples cut and cleared 4 blowdowns with a chain saw, and numerous smaller trees and rhododendrons with bow saws. Using loppers we trimmed trees, brush, and rhododendrons hanging low over the trail from Doll Flats to U.S. 19E.

**Neil Dotson reporting:**

**Date:** March 31, 2001

**Number of People:** 3 (Rodney Baker, Neil Dotson, Dean Webster)

**Total person-hours:** $3 \times 6 = 18$ man-hours

**Summary:** We hiked from U.S. 421 to Double Springs Shelter, removing a few minor blowdowns and doing some minor clipping. The trail was in very good shape. On the trip out, we collected trash (most of which was at the campsite very near U.S. 421). We did not do any work on the sloughed section of trail just shy of the shelter - it was too wet and there were not enough workers; we may try to do this in the summer sometime. We thank those who had gone through before: six people from the Mid-Appalachian Highlands Club, including David McMillen and Roy Holcomb, on February 3, 2001, and Ed Oliver, Frank Williams and Bruce Cunningham (I believe) sometime in early March or late February, who got the ones the other folks had to leave behind. All of this work left us with little to pick up. Thanks!

**Bob Peoples reporting:**

**Date:** April 2, 2001

**Sections:** 9 and 10; U.S. 321 to Dennis Cove Road

**Purpose:** Clear blowdowns

**Number of People:** 3 (Jason Berry (Pinky), Tony Gay (Weatherman), Spencer Gibbs (Brain))

**Total person-hours:** $3 \times 6 = 18$

**Summary:** Three thru hikers, recruited by Bob Peoples, cut 4 blow downs with a crosscut saw. Three of these four were on Pond Flats, and the fourth was by Laurel Fork Falls.

**Collins Chew reporting:**

**Maintenance Trip:** Yellow Mountain Gap to Hump Mountain

**Date:** April 5, 2001

**Summary:** The trail from Yellow Mountain Gap to Hump Mountain was cleared and blazed both ways on Thursday, April 5, 2001. Some litter was removed. Only one blowdown was found and it was cut out. Trail was in good shape except for being quite mucky and slippery in places (and snow covered in a few others). The sky was generally cloudy and often foggy, but occasional views of clouds below us or of the valleys were greatly appreciated. We met four through hikers on the trail and saw two others on the road. As a bonus most of us visited Big Elk Falls on the way back as most of us had not seen it before, and there was a good flow. Driving back from the falls, we witnessed a dramatic nature scene. A large hawk swooped down and caught a bird on the wing just in front of the car, and then carried it ahead of us for several hundred yards.

Hikers were Olin Babb, Collins Chew, Bob Harvey, Freda Kuo, Lee Neely, Mike Patrick (first timer), Kim Peters and Nancy Wilson.

**Bill Stowell reporting:**

**Date:** Saturday, April 7, 2001

**Section:** 2

**Purpose:** Cut blowdowns

**Number of People:** 4 (Frank Williams, Mary Cunningham, Bob Peoples, Bill Stowell)

**Total person-hours:** $4 \times 8 = 32$
Summary: Mary and Frank dropped Bob and Bill off at the Backbone Rock Trail to hike up Holston Mountain to the A.T., and work back towards Abingdon Gap Shelter. Then Mary and Frank drove to McQueens Gap and started cutting trail north. We had planned to work on the section from Watauga Dam Road to the wilderness boundary but a late hike report came in about a lot of blowdowns so we decided to go to Section 2. There were many blowdowns and thanks to Bob for bringing the BIG saw as two of the blowdowns were quite large.

Steve Wilson reporting:
Date: April 14, 2001
Section: Trail Maintenance on Iron Mountain
Total person hours: 3 x 13 = 39 hours
Summary: Richard Colberg, Steve Perri, and Steve Wilson lopped branches and cleared eight blowdowns on 3.5 miles of the Appalachian Trail in the middle of Iron Mountain. Overall we had a good trip, but the day was quite an adventure. Our original plans were to use a Forest Service road at the end of Elliot Hollow and with a 4x4 truck to drive up the mountain and starting hiking near Turkey Pen Gap working towards the wilderness boundary. The trip started with a hunt for the proper road and we ended up exploring two rough Forest Service roads before we finally found the right one. It turns out that there are no signs to what is referred to as Elliot Hollow by the Forest Service and no locals knew the place by that name. We finally found it by using the old topo maps. (Elliot Hollow is found by turning off of Hwy 91 onto Grindstaff Hollow Road, and at the first fork turn left onto Samps Hollow Road, and right at the next fork onto Noah Taylor Road. The locked FS gate is at the end of the road on the left.) About half a mile past the gate, we had a tire on the truck from a rock puncturing the tire's side wall, but were successful in changing the tire on the muddy hill side. About a mile further we were stopped from driving to the top by a rocky, steep and muddy section of road. At noon we started walking up from about 1-1/2 mile below the gap and the day start to go as planned. We cleared blowdowns and lopped from a gap 0.4 miles trail south of Turkey Pen Gap to the Wilderness Boundary (10 miles of hiking round trip). We talked to several hikers during this fine day and they said that the trail was in good shape. Our day ended with a half hour conversation with some local land owners, who were temporarily blocking the Forest Service gate, and asked why we could not leave the normally locked gate open for them. All ended well and we were glad to get home.

Bill Elderbrock reporting:
Date: April 14, 2001
Participants: Bill Elderbrock, John Kiefer, Ed Oliver, Frank Williams
Total person hours: 4 x 8 (32 hours)
Four of us did maintenance on part of Ed Oliver's section of the Appalachian Trail. We parked at the gate and walked about one mile to the red barn (Overmountain Shelter). While there, we put lime in the privy. We nailed a "toilet" sign to a tree near the barn indicating directions to the privy. (Ed wasn't sure how to spell privy--thus, the toilet sign.) We left a new broom at the barn. Then, we hiked to the A.T., painting blue blazes on the way. We hiked to the Stan Murray Shelter, cutting blowdowns, trimming, and painting blazes. We also painted blue blazes to the water source at the shelter. Distance: 7 miles. We met 5 through hikers yesterday, all young men hiking north, 3 of whom were on their way to the red barn. The wildflowers are beginning to bloom and add beauty to the hillsides and trails. There were 11 yellow daffodils blooming near the red barn.

Bill Stowell reporting:
Date: Saturday, April 14, 2001
Purpose: Round Bald Relocation
Total TEHCC person hours: 210 hours
Summary: We had a great turnout with new maintainers, and thru hikers and TEHCC members. We had a total of 24 people to begin work on the next phase of the Round Bald project. We got the stile put back with some steps to stop erosion below the trail at the stile. The barbed wire fences were repaired. Some hard working thru hikers transplanted many rhododendrons to block the old trail, and the ruts up to the rock were rehobbed. And we got gravel put down on the geotextile from the rock to just past the next switchback. One thru hiker even put down her pack and helped out. Those who helped were Seiko, Verlin Howell, Judy Howell, Scott Honeycutt, Thru Hikers: Scott Honeycutt, Jackie McDonnell, Brendan Lafferty, Lizzie Goodrick, Drew Blubaugh (Semper Fi), John McCrillis, Michael Watkins, Britton Price, Rebecca Tonsignant (Wild Roses), Tom Deller (Rockett Man), Crystal Lewis (Taffie), Kathryn VanGilder (Be-seenya), TEHCC: Bob Peoples, Kevin Odonnell, Carl Fritz, Bill Stowell, Bruce Cunningham, Mary Cunningham, Ed Oliver, Kim Peters, Jeff Siirola.

Bill Stowell reporting:
Date: Saturday, April 21, 2001
Section: 14
Purpose: Trail construction on Round Bald
Number of People: 13 (Frank Williams, Ed Oliver, Bill Murdock, Rodney Baker, John Thompson, Bill Stowell, Kevin Odonnell (ETSU), Kristin Webber (ETSU), Sarah Hand (ETSU), Bob Peoples, Thru Hikers - Greensinger, Forest Phil, Oz)
Total person-hours: 13 X 8 = 104
Summary: For the April Third Saturday project, we continued working on the Round Bald relocation project We had a very successful day. The group completed another section of trail from the Big Rock on Round Bald through the switchback and up to the next trail intersection. This section has been opened. One more switchback to complete to get to the top. Helping out were: Frank Williams, Ed Oliver, Bill Murdock, Rodney Baker, John Thompson, Bill Stowell, Kevin Odonnell (ETSU), Kristin Webber (ETSU), Sarah Hand (ETSU), Bob Peoples, Thru Hikers - Greensinger, Forest Phil, Oz.

C. B. Willis reporting:
Date: April 23, 2001
Section: 17 and 18
Total person hours: 2 x 8 = 16 hours
People: Rick Culbertson and Heuston Fortner
Summary: Our goal was to clear three blowdowns with a chain saw, which were too large for bow saws on our regular maintenance trip. Members Rick Culbertson and Heuston Fortner worked 8.0 hours each for a total of 16 team hours. We now know of no trail obstructions on our sections.

Waylon Jenkins reporting:
Date: April 28, 2001
Section: Section 12, Campbell Hollow Road to U.S. 19E
Purpose: Annual maintenance
Number of People: 2
Total person-hours: 2 X 9 = 18 hours
Summary: John Dombroski and Waylon Jenkins performed annual maintenance on this section. This section includes considerable pastureland that is well maintained by the numerous cows that were out in abundance. In addition to cows, there were a lot of variety of wildflowers out, including a giant Jack-in-the-pulpit. It was a clear, cloudless day and the views from the summit (3,820 feet, 2.1 miles from U.S. 19E) were spectacular. We encountered several through hikers, including one from Charlotte who indicated plans to affiliate with one of the trail clubs to give something back to the Trail. The section was
generally in very good shape, although there were a few short sections that could benefit from some trail rehabilitation. There was a lot of garbage (too much for us to pick up) where the trail crosses Bear Branch Road.  

We parked on the north side of U.S. 19E at the intersection with Bear Branch Road. There was some glass on the ground, and a passerby stopped to tell us that an Explorer and a van were vandalized there about a month earlier, but he did not know whether the vandalism occurred during the day or at night.  

Webmaster's Note: Do not leave your vehicle parked overnight at U.S. 19E !!!