THE TENNESSEE EASTMAN HIKING & PADDLING NEWS

May 2000

www.tehcc.org

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NEXT TWO MONTHS				
May 6	Wildflower Hike	E	Joe DeLoach	753-7903
May 6-7	Bluestone River West Virginia, XXII	11-111	Terry Dougherty	323-2647
May 13	Family/Beginner Hike: Henwallow Falls (Smokies)	E	Ed Oliver	349-6668
May 19-24	A.T. Day Hikes: Shenanndoah National Park	M-D	Kent Wilson	239-7754
May 19-21	Damascus (Virginia) A.T. Days	FUN	www.damascus.org	
May 26-30	A.T. Backpack: Great Smoky Mountains	D	Steve Humphrey	477-2367
June 3-4	Chattooga "Deliverance" Section 3	111	Rick Culbertson	246-7298
June 16-17	Pearisburg (Virginia) Trail Festival	FUN		



Introductory Whitewater School 2000

The 29th annual "Canoe School", sponsored by the Tennessee Eastman Hiking and Canoeing Club in association with the Appalachian Paddling Enthusiasts (APEs), will be held June 8th, 10th, and 11th. The school is targeted for beginner and novice solo and tandem whitewater canoeists and kayakers,

and consists of an evening of lecture and videos plus two days on the water. As in the past there

will continue to be a strong emphasis on river safety. Participants will be responsible for providing their own gear and transportation.

Minimum required gear: Whitewater canoe w/ one paddle per paddler plus one spare per boat and helmet, or a whitewater kayak w/ paddle, sprayskirt and helmet. One PFD (life jacket) per person. Canoes should have bow and stern lines. All boats must have air bags. Rain jacket. Knee pads. Lunch. Change of clothes in a waterproof bag.

Schedule:	June 8th	Lecture and films. 6:00 - 9:00 PM.
	(Thur)	Eastman Lodge, Room A2
		Eastman Recreation Area, Near Bay's Mountain
		Students must attend this meeting to participate on Saturday.
	June 10th	Lake and River Trip, class I-II. 9:00 AM
	(Sat)	Duck Island Parking Lot
		Warriors Path State Park, Kingsport, Tennessee
		Students must participate on Saturday to participate on Sunday.
	June 11th	River Trip, class II. 10:00 AM
	(Sun)	T.B.D.

Note: Instructors reserve the right to exclude anyone if they believe safety will be compromised. Participants must be a member of TEHCC or APE's. Applications will be provided on Thursday night. If you are a member of the American Canoe Association (ACA), please bring your membership card and member number. This will save you \$5.00.

Cost: \$20.00 per student payable at the school. Plus membership fee, if applicable. To register contact Mike Morrow at 423-245-1201 or complete and return the form below and mail it

to Mike Morrow at 1028 Surmont Ct. Kingsport, Tennessee 37660 by May 30. Feel free to call for more details.

REGISTRATION FORM

Name:	Date:
Address:	
Work Phone:	Home Phone:
Craft: Solo Canoe Tandem Canoe	EKayak
Experience: Beginner Novice	
My tandem partner's name:	Need partner
List previous clinics taken:	

List up to five rivers you have paddled and their levels (if applicable)

Introductory Whitewater School Instructor/Safety Boaters

Needed

The 29th annual TEHCC/APE's Introduction to Paddling Clinic is quickly approaching. The clinic is the weekend of June 10th and 11th. Volunteers are needed to help instruct and safety boat. The clinic will only be successful if I have your help. PLEASE volunteer to help at this year's clinic. Call Mike Morrow at (423) 245-1201 if you can help on one or both days. Thanks in advance.

Update on Gravel Mine Near A.T. in North Carolina

Steve Perri reporting

According to a report published by WRAL TV, the North Carolina Department of Environment and Natural Resources has held public meetings which have resulted in their notification to the mine's owner of an intention to revoke the mining permit.

Call for Hike Leaders

Dear Potential/Past Hike Leaders,

Richard Colberg and others have asked me to handle the hike scheduling for the last half of the year. I hope you are all happy to help out a poor old retiree and volunteer a great hike schedule. July to December 2000 Hike Schedule Planning

Consider leading a hike in the last half of the year: a favorite place, somewhere you've always wanted to go, or someplace you think would be popular with others. We live in a great area with many interesting places nearby. Sometimes we even go to far away places for hiking adventure. At any rate, it's great to lead a trip to a place you really want to go. If you aren't up to leading but have a desire for a hike to a certain destination, let me know and I will try to set it up. We already have requests for Chimney Top (some didn't join us early in the year because of the snow that day) and waterfalls in general. Of course, we will plan on third Saturday Maintenance as usual and hope to have several attend the Multiclub at Appletree Campground on Labor Day weekend. To volunteer to lead a hike, just send me an e-mail note or give me a call telling me: (1) what hike you'd like to lead it, (3) the difficulty rating (I can help you determine this), and (4) your home phone number. I'd like your responses by Tuesday, May 16, 2000 so we can prepare the calendar in time for July.

Some suggestions for hikes include:

- Appalachian Trail
- Family/beginner hikes (Greenbelt, Warriors Path, Bays Mountain, Buffalo Mountain, Creeper Trail, Grassy Ridge, Grandfather Mountain, etc.)
- Favorite creek side or waterfall hikes
- Mt. Rogers National Recreation Area (SW Virginia)
- Cumberland Gap National Park (SW Virginia)
- Great Smoky Mountains National Park (Tennessee/North Carolina)
- Linville Gorge (North Carolina)

Thanks,

Collins Chew 609 Green Meadow Dr. Kingsport, Tennessee 37663 phone: 423/239-6237

Special Activity and Trip Reports TEHCC Winter Dinner Meeting

March 17, 2000

Kent Wilson reporting

About 60 people attended the Winter Dinner Meeting at the Eastman Lodge. We enjoyed the good buffet catered by Wright's Cafeteria. After dinner, the annual awards were presented. Bill Stowell presented the awards for Maintainer of the Year award to Bruce Cunningham, Hiker of the Year to Neal Dotson, and a special award for 40 years as a trail maintenance leader to Collins Chew. Candice Allen and Amy Fore from the US Forest Service presented the Forest Service Maintenance Awards. The Paddlers decided to wait until a little later in the year to present the Paddler of the Year award.

The Stan Murray award was presented to Frank Williams in honor of his many years of service to the club and the A.T. Frank is a tireless worker, who is usually available to pitch in whenever a need arises.

After the awards Ben Lawhon from the ATC office in Asheville presented a very interesting slide show on open area management along the A.T. This was a very interesting and informative talk and the slides were beautiful. All in all it was a very successful dinner meeting.

Southern Regional Management Meeting Summary

March 24-26, 2000

ATTENDEES: Ray Hunt, Steve Perri

TIME: 24 h each

Summary: Ray Hunt and I attended the Southern Regional Management Meeting of the Appalachian Trail Conference March 24-26 at Camp Cheerio near Galax, Virginia. This is an annual meeting of the southern A.T. maintaining clubs to meet with ATC and all agency partners to discuss current issues and future plans relating to the A.T. The location was very spectacular in that the camp was located on the edge of the mountains overlooking N.C. just north of Stone Mountain. You couldn't get a more scenic view!

Friday night we had a presentation by Jeff Marion on Campsite Design and Management. The presentation discussed how fast damage and impact occurs at campsites, how to minimize impact, and how to take steps to design elements for resource protection while maintaining a pleasurable experience on the A.T. I for one will look at campsites in a very different perspective now. On Saturday, a number of reports were made on training, safety, maintenance hours, seasonal programs, ATC Stewardship publications and the Land Trust. Breakout discussion groups were held to review: 1) Right of Way and Mountain Top Impacts, 2) Implications of Natural Heritage Monitoring, 3) Advertising, Social Events, and other Activities in the Trail Corridor, 4) Financing Trail Work, 5) Cultural Resources, 6) Work of the Land Trust. Later in the day, other reports were made on: trail accessibility, telecommunication issues, land acquisitions, and agency reports. The highlight Saturday was a roasting session for Mike Dawson for his 20 yrs of service with ATC. A good time was had by all to recognize and poke fun at Mike for his passion and commitment in protecting the A.T. Sunday was spent discussing 2001 Konnarock work requests and then we headed home.

Significant information learned from the meeting affecting the A.T. and our club:

• Each club needs to submit nominations for the ATC Honor Roll.

- A MOU has been reached with the telecommunications association so that when a cell tower is proposed to be sited within 1 mi. from the A.T., the group will contact ATC to determine if there will be any visual impact or if another location with less impact can be identified
- The monitoring of endangered and rare plants along the A.T. by clubs is not being fully carried out. A better system or process is being sought.
- New trail projects with close access to trail heads will be reviewed for design elements for accessibility (Round Bald).
- Damage from pine beetles is significant, the area from Elk Park heading south
- Multiclub will be hosted by CMC at Appletree Group Campground, Nantahala Lake, N.C.
- TEHCC needs to ID a project we can request money from ATPO at the Club President's Retreat for a project (on NPS or USFS land)
- Consideration for clubs to participate in environmental monitoring (SAMAB- Southern Appalachian Man and the Biosphere) along the A.T. was made, but was viewed as not very practical since volunteers are busy enough w/ maintenance and can not even keep up with monitoring endangered plants

Sand Cave - Cumberland Gap National Park

April 1, 2000

Steve Perri reporting

This hike turned out to be a pleasant surprise for those who know my hikes usually are accompanied by rain or snow! The command decision to go was made Friday after weather reports indicated favorable conditions for Saturday. Surprisingly, everyone who said they wanted to go showed up and heckled me about the weather or other possible impending natural doom or disaster yet to be experienced! With the ambiance set, we left the research parking lot at 8:15 a.m., got to the trail head by 10:00 and were on the ridge by noon. The hike originated at a civic park in Ewing, Va. with a climb to about 3,000' over 3 miles to the ridge trail. There were numerous switchbacks along the way which we frequently used to catch a few gasps. Once on top, we cruised about 1 mile to the cave for lunch. We were fortunate to have the cave to ourselves (and some nesting pigeons) while we ate. It was a nice destination to fill our gullets and to cool down with our bottoms in the sand. After a brief cave walk and house tour, we headed out (after emptying our shoes of sand) and hiked over to White Rocks for the breath-taking view south into Va. We hiked down passing a few other groups just starting their trek while we saw only 1 or 2 other groups while we were on the ridge line. All in all we had a pleasant hike with about an 8 mile round trip and time to get back to Kingsport just after 5:00 p.m. Those who survived the inclement threat of the trip were: Scott and Brenda Barnicki, Brendan Boyd, Kim Peters, Steve and Tisha Perri.

Scheduled Hiking Opportunities Spring Wildflower Hike - Laurel Falls

(Scheduled for Saturday, May 6, 2000)

Leader: Joe DeLoach (Telephone 423-753-7903)

Rating: Moderate; mostly easy but a fewrocky sections

One of the prettiest parts of our section of the Appalachian Trail is Laurel Fork Gorge, especially in spring when rhododendron and azalea more commonly found in the high mountains are in bloom. Numerous other wildflowers are also found, including pink lady slippers and if we're lucky some

columbine. If we have enough hikers and drivers we'll leave cars at each end and walk all the way through the gorge, a total of 3.7 miles. If not, we'll park at Hampton and walk to the falls and back, a total of 5.4 miles. Most of the hike is very easy walking along the stream, but there are a couple of short steep sections and some rocky stretches for an overall rating of moderate. Among the highlights other than the wildflowers and the falls is a beaver colony along the creek, the new bridges over Laurel Fork, and the spectacular geology of the deep and rocky gorge. We'll plan to meet in the parking lot between Burger King and McDonald's in Colonial Heights at 8:30 AM on Saturday, May 6. We'll plan on lunch at the falls. Please contact Joe for more information or to sign up for the hike.

Henwallow Falls, Great Smoky Mountains National Park

May 13, 2000

Ed Oliver will lead an easy stroll for families and/or beginners to Henwallow Falls in the Cosby area of the Great Smoky Mountains National Park. Bring lunch and water. Any questions, call Ed Oliver, 349-6668.

Mount LeConte Creek Trip

July 8-9, 2000

LeConte Lodge sits atop Mount LeConte at an elevation of over 6000 feet and is not accessible by road. There are a number of foot trails to the lodge, but for the more adventurous it can be reached by going off trail and scrambling up one of several creeks flowing off the mountain. Ascending a LeConte creek is more of a climb than a hike. Due to the difficulty of negotiating around waterfalls and crawling through thick rhododendron and stinging nettles, the trip often takes over 12 hours with only short rest periods. This trip is extremely difficult. However, once we reach the top (hopefully, before the dining hall shuts down) we will be served a hot dinner in the rustic dining room at the lodge and have a clean, dry bed to sleep in. We will take one of the foot trails down on Sunday. The cost of the trip is \$83.00 per person and includes lodging Saturday night with dinner and breakfast included.

Contact Dewey Fuller 423-764-7340 for details.

A.T. Section Maintenance and Special Projects



March 18, 2000 - Inspect Section

Jim Harrison reporting

Number of People: 2 (Jim Harrison and Alex Richardson)

Total person-hours: 2 people x 9 hours = 18 total hours Summary: Jim and Alex from the Emory and Henry Outdoor Club walked the section from Watauga Dam Rd. to the wilderness boundary and back to check for blowdowns, inspect signs, blazes, weed growth, and trash. We noted 11 total blowdowns ranging from 4 inches in diameter to approximately 15 inches in diameter. Only two will require the large cross-cut saw--the rest can be cleared with the small buck-saw. NO BLOWDOWN WAS SEVERE ENOUGH TO

CAUSE A MAJOR IMPASSE. On April 8 we have a group scheduled to clear the remaining blowdowns, repaint the blue-blazed trail at the shelter, and whack any troublesome briars. As well, we will inspect the shelter and remove any trash. All of the signs looked to be in good shape and accurate. We found trash at the shelter and packed it out. The blue blaze down to the spring at the shelter will need repainting, as it is faded and barely visible.

March 20, 2000 - Carver's Gap to Stan Murray Shelter -Annual Maintenance

Mark Stover (Mahoney's) reporting

Number of people: 3 (Joshua Gambrel, Mark Stover, Mary Wyatt)

Total person-hours: 3 people x 9 hours = 27 total hours

We completed our first spring maintenance trip on 3/20/00. The weather was less than cooperative but we cleared 4 significant blowdowns and countless hanging limbs. We were unable to blaze at that time again due to the weather but I am planning a return trip soon specifically for that purpose. We cleaned out the spring area; it has a tendency to collect A LOT of leaves. Also when we return to blaze the trail, there is one very large blowdown on the blue blaze to the spring that we may need a chainsaw for. Actually, let me take one more whack at it before we lug a chainsaw in that far for one tree.

March 27, 2000 - Look at land near Elk River Relocation

Ed Oliver reporting

Number of people. 7 (Ray Hunt and Ed Oliver from TEHCC, Morgan Sommerville and two ATC Land Trust people, USFS Land Person and Land Owner

Total person-hours: $3 \times 9 = 27$ (for Ray, Ed, and Morgan)

We met with representatives from ATC, USFS, and the potential land owner to look at the land across the river from the proposed Elk River relocation of the Appalachian Trail. We are working with the potential owner to agree on a means of protecting the land and the trail. One of the highlights of the trip was getting stuck in the middle of the river and having to wade across.

March 28, 2000 - Annual Maintenance - Tenn. 91 to Turkey

Pen Gap

Ed Oliver reporting Number of People: 4 Total Person-Hours: 4 x10 = 40

On March 28, Bruce Cunningham, Bill Elderbrock, Frank Williams and Ed Oliver left Kingsport at about 8:00 a.m. and drove to the trail crossing at Tenn. 91. When we left Kingsport, there was a little rain but it looked like it would clear soon. When we reached the trail crossing at U.S. 421, we encountered snow. Shady Valley was definitely shady. In fact, it was in the clouds. We stopped at the trail crossing at Tenn. 91 to see what the weather was going to do. We stayed there about 30 minutes. During that time we had about as many different kinds of weather as one could get: rain, snow, hail, etc. We decided that we might as well go home so we drove towards Elizabethton. When we got to the bottom of the mountain, the weather began to improve and we stopped for a few minutes but soon decided that it did not look good enough to go back. By the time we reached Elizabethton, the sun was out. We turned around and finally started working on the trail at about 10:30 a.m. We were able to clear all the blowdowns and do all the clipping between Tenn. 91 and the Iron Mountain Shelter. The inside of the shelter needs a coat of paint. We will paint it later. On the way back to Kingsport for the second time, we decided that the day had been interesting and that we were glad that we went.

(Webmaster's note: access to the A.T. at Turkey Pen Gap has been CLOSED)

March 30, 2000 - White Rocks Mountain to Bitter End

Collins Chewreporting

Hike distance: 10 miles

Time away from Kingsport: 10 hours

After talking the leader into starting from a rainy meeting place, the group painted blazes, cut blowdowns, trimmed rhododendron, greenbriers, etc. on a pleasant day with no rain on the trail. Passing through-hikers and others complimented the condition of the trail and thanked the workers. I forgot to take the notebook for the Shelter. We left several blowdowns. The largest was 10" to 12" diameter less than a mile north of Moreland Gap Shelter. There were 3 or 4 others, all between that one and Bitter End. All can be stepped over or around but the largest is large enough to be a bit awkward. We trimmed most rhododendron but some between Moreland Gap and the top of White Rocks (not where the tower is) will need trimming soon. Hiking from Dennis Cove were Frank Williams and Collins Chew. Hiking from Bitter End were Garry Luttrell and Charles Beggerow.

April 1, 2000 - Look at shelter locations on the Elk River Relo

Bruce Cunningham reporting

Number of People: 3

Total person-hours: 3 X 7 = 21

Bruce and Mary Cunningham, and Bill Stowell parked at Walnut Mt. Road and walked the flag line going trail south from the A.T. in Slide Hollow. When we got to the proposed shelter site previously chosen, we looked for water sources. There is some water there now but probably would be dry in the summer. We then hiked on to where the flag line crosses a small stream and there is a small waterfall. We climbed up beside the waterfall and found an old roadbed. The roadbed leads to a

flat open area that should be great for a shelter along with water. The old roadbed goes down hill to the flag line trail north of the falls.

April 5, 2000 - Change Flagline near Jones Branch on Elk River Relo

Ed Oliver Reporting Number of People: 2

Total person-hours: $2 \times 12 = 24$

On Wednesday, April 5, Bruce Cunningham and Ed Oliver flagged an alternate route for the Elk River relocation at the end of the bluff near where Jones Branch empties into the Elk River. The purpose of this alternate flagline was to see if we could move the relocation farther away from the private property on the other side of the river and thus minimize any views of the private property. We feel that the alternate flagline, which is flagged with blue ribbons, results in at least a 70% reduction in any views of the private property. It results in the loss of about 150 feet of walking along the river. However, we still have about a half-mile of river walking.



April 6-7, 2000 -Build Privy for Yellow Mountain Barn

Ed Oliver Reporting Number of People: 2 Total person-hours: $2 \times 6 = 12$ On Thursday and Friday, April 6-7, Darrol Nickels and Ed Oliver constricted a privy to be installed at Yellow Mountain Barn. We did the work at Darrol's house.

April 9, 2000 -Install Privy at

Yellow Mountain Barn Shelter

Ed Oliver Reporting

Number of People: 9

Total person-hours: 9 X 7 = 63

On Sunday, April 9, Bob Peoples, Darrol Nickels, and Ed Oliver from TEHCC and thru-hikers Paul "The Philosopher", Brian "Slug", Becky "Sprout", Bob "Floater", Brett "Pit", and Dick "Tin Cup" installed a privy at the Yellow Mountain Barn Shelter on the Appalachian Trail in the Roan Mountain area. We were treated to a clear but windy morning. The ground and trees were covered with a coat of white from the snow that fell Saturday. Installing a privy was a new experience for all of us. With this large and enthusiastic crew the work went fast. The thru hikers who helped with this work were presented with the new volunteer patch. We owe the thru-hikers who helped with this work a note of thanks. The privy is located about 100 yards behind the barn. Bob "Floater" decided it would not be appropriate to leave without using the new privy, which he proceeded to do.

April 15, 2000 - Cut blow downs and blaze

Bruce Cunningham reporting

Number of People : 4

Total person-hours: 4 X 8 = 32

Bruce and Mary Cunningham dropped Frank Williams and Bill Stowell off at Greasy Creek Gap, and they cut blowdowns heading towards Hughes Gap. Bruce and Mary drove to Hughes Gap and began painting blazes and clipping towards the others. We met trail south of Little Rock Knob, and Frank painted blazes back to Greasy Creek and the others curt blowdowns across Little Rock Knob to Hughes Gap. This section is clear of blowdowns for a second time.

Annual Maintenance

Bruce Cunningham reporting

Crew: Bruce & Mary Cunningham, Bill Elderbrock

Total person-hours: 9 X 3 = 27 hours

Trail south from Damascus toward blue-blazed trail to Backbone Rock

Good News: Trail is open and in OK shape. Hikers are coming through with no major problems.

- 1. Frank Oglesby section (Damascus to camping area). Drove through downtown Damascus and found all blazes in both directions were in such good shape they didn't warrant repainting. After entering woods, we painted white blazes in both directions plus the blue blazes to the spring below the campsite. Clipping done; left a number of blowdowns needing attention.
- 2. Mike Watts section (campsite to blue blazed trail to Backbone Rock). Continued walking south, clipping and blazing until the paint ran out, about 1/4 mile short of the Backbone Rock trail. (Sorry, Mike)*

Turned around at that point, leaving many blowdowns and more clipping.

Bad News: There are many blowdowns in the entire stretch, several huge but nothing hikers can't go around, under or over. But they need to be cleared. Several are in the Dick Burow category, that is, 2'-3' in diameter and in difficult positions.

* Steve Perri will be going out sometime soon to do his section from the Backbone Rock trail south. Perhaps he could finish the short stretch needing blazing from the Backbone Rock trail north?

April 15, 2000 - Removal of Blowdowns

Jim Harrison reporting

Number of People: Jim Harrison, Alex Johnson, & Daniel Peterson

Total person-hours: 3 people X 10 hours = 30 total hours

Summary: Emory & Henry Outdoor Club

We walked our section from Watauga Dam Rd. to the wilderness boundary and removed approximately 12 small to medium sized blowdowns from the trail and chopped early briar growth. We inspected the Vandeventer Shelter and packed out a bag of trash. We touched up a couple of faded blue blazes down to the spring at the shelter.

April 18, 2000 - A.T. Relo Planning Meeting for Round Bald

Ed Oliver reporting

Total person-hours: 2 hours

Ed and Morgan Sommerville met with the USFS to discuss some of the logistics and concerns for planning the Round Bald relo from Carvers Gap heading trail north to about the outcrop of the rocks

on Round Bald. This first meeting was to try to assemble the responsible parties to work out what they thought was feasible to do for the first year and how the other parts could be worked on later in pieces. The USFS has some funds they have been holding to hire a local contractor to use a piece of equipment for grading the trail. He has experience with other trail clubs in doing this. If possible, he could do some of this work in the June time frame. After this work is complete, most of the geotextile and gravel could be installed, the old trail filled in, and some plants replanted with Konnarock aid. Longer term, it was suggested more work could be done if stock piles of gravel could be placed along the trail in about 3-4 places. To place the gravel this far in, special transport equipment will be needed. The USFS will look for equipment within its organization (gators or motorized wheelbarrows) and Morgan will check with Volvo in N.C. to see if they would do it for a promo with some specialized equipment. The group will do some info gathering and meet in May to report on the above equipment acquisitions and to set a plan from there.

April 23, 2000

Bruce Cunningham reporting

Number of People: 2 (Bruce and Mary Cunningham) Total person-hours: 6 hours X 2 = 12 hours Two projects:

- 1. Low Gap (US 421). After several complaints from thru-hikers about the lack of marking at this road crossing, we refreshed old blazes and added some new ones, painted arrows on the road pavement and posted diagrams of the road crossing, painted in black on white aluminum, on both sides of the road as hikers approach the highway.
- 2. Drove to Damascus and worked up trail south, clipping and removing some smaller blowdowns, two medium-sized ones and one large one. The last two were after the Trail joined the old roadway. Glad we had one of the larger chain saws.

April 26, 2000 - Damascus to 1/4 mile beyond the blue-blazed trail to Backbone Rock

Bruce Cunningham reporting

Number of People: 4

Total person-hours: 4 X 9 hours = 36 hours

Ed Oliver, Bill Elderbrock, Frank Williams, Bruce Cunningham cut ALL (20) blowdowns including several huge, messy ones. With previous trips, the Trail is now cleared and blazed (clipping done to the State line).