Hiking & Canoeing News

April, 1992

Hiking

GRANDFATHER MOUNTAIN (Scheduled for Saturday, April 4, 1992)

Leader: Phil Gibson (Phone: 615-247-7061)

Rating: Moderate

The hike will depend on the group, but is expected to be at least 7 miles. Grandfather Mountain is privately owned; hiking permits are required: \$3/day for adults and \$1.50/day for kids age 4-12. Grandfather can be cool and windy (it's a great place to go hang gliding). Depending on the weather forecast, rain gear and warm clothes are advisable. If the group chooses to go to the swinging bridge, the hike will include ladder climbing and be difficult in places. Banner Elk and Boone, NC, are nearby for post-hike feasting.

JAMES RIVER FACE BACKPACK TRIP (Scheduled for Sat-Sun, April 4-5, 1992)

Leader: G. S. Luttrell (Phone: 615-239-9854)

Rating: Moderate

We will meet at the B-215 parking lot at 5:15 PM on Friday April 3, and drive to Glasgow, Va., to spend the night in a motel. Saturday morning, we will spot a car at James River, then drive to Bearwallow Gap on the Blue Ridge Parkway to begin our hike. The hike will involve about 16 miles of backpacking and an elevation gain of about 3500 ft. on Saturday. Sunday will involve mostly downhill hiking, about 17 miles, back to the James River. Notify the trip leader by Wednesday, April 1, if you want to reserve a spot.

MARGUERETTE FALLS (Scheduled for Saturday, April 11, 1992)

Leader: Joe DeLoach (Phone: 615-753-7903)

Rating: Easy

Marguerette Falls (I pronounce it like the drink) is at the end of a 1.1 mile hike in Greene County, near the Horse Creek Recreation Area. The easy trail leads through a rich cove, then along the base of cliffs to the falls which are 60-70 feet high with a good water flow. This should be an especially good wildflower hike and is suitable for all but very small children. Let's meet in front of B-215 at 9:00; we'll go through Johnson City so those wishing to meet there can be at the Burger King on South Roan Street at 9:30. Bring lunch and a camera for a leisurely stroll to the falls.

VIRGIN FALLS, CROSSVILLE, TN (Scheduled for Sat-Sun, April 11-12, 1992)

Leader: Ted Malone (Phone: 615-477-2222)

Rating: Moderate

I have a conflict with this date so the status is either cancel or reschedule. If you are interested in going at a later date, let me know at 477-2222.

TWISTING FALLS (Scheduled for Saturday, April 18, 1992)

Leader: Hugh Thompson (Phone: 615-928-0472)

Rating: Moderate

This is a hike the Club has missed out on for about 25 years. Twisting falls is above Elk Mills on the Elk River about 2 miles below Elk River falls. Don't try to walk from one to the other; it is at best a hard scramble - I have tried it but did'nt make it. I will scout out a route before hand. We will assemble at B-215 at 8.30 am for a 8:45 am sharp departure. Those wishing to do so can meet us at the south Johnson City Burger King at 9:15 am. Call Hugh Thompson 928-0472 for further details or to make reservations. Bring Lunch, drink of your choice, and dress for the weather. This can be a dandy.

TRAIL MAINTENANCE - CARVERS GAP TO BRADLEY GAP (Scheduled: Saturday, April 25, 1991)

Leader: G. S. Luttrell (Phone 615-239-9854)

Rating: Moderate

This is our annual trail maintenance trip; but since this is such an outstanding scenic section of the AT, we welcome anyone to join us for just a hike. If enough show an interest, we can spot cars above Elk Park rather than Shell Creek, and include the Hump in the day's plan. Since this is a maintenance trip and is subject to weather conditions, call the trip leader if you want to participate. Otherwise, the the meeting point will be the lot between Burger King and McDonalds in Colonial Heights at 7 am.

MAINTENANCE TRIP: HUGHES GAP TO IRON MT. GAP (Scheduled for Saturday, April 25, 1992)

Leader: Kevin Edgar (Phone: 615-239-5742)

This will be an annual maintenance trip over the 8.1 mile section just south of Roan Mountain. We will hoist our mattocks and paint pails over scenic Little Rock Knob, with its superb views, and hopefully will have profuse wildflowers to ease our labors. The plan is to split into two groups and work in both directions, so that each group works 4 miles and strolls the other four. The jobs vary widely in type and difficulty; painting, clipping, whacking (people always fight over that one), and we could even use someone to simply walk the section and check the guidebook. Come help us improve our trail. Call Kevin

Edgar at 239-5742 to learn the meeting arrangements and reserve a tool!

LITTLE STONEY CREEK (Scheduled for Saturday, April 25, 1992)

Leader: Jean Brown (Phone: 703-431-2139)

Rating: Easy

This hike is cancelled and will be rescheduled at a later date.

MT. LeCONTE (Scheduled for Saturday & Sunday, July 11-12, 1992)

Leader: Steve Falling (Phone: 615-239-5502)

Rating: Moderate

The Hiking Club will repeat its annual assalt of Mt. LeConte in the Great Smoky Mountain National Park. We will hike up on Saturday, spend the night in two small cabins and hike back down on Sunday. The distance is 5.5 to 7.8 miles one-way depending on the route. The cost per person is \$57.24. This price covers supper on Saturday, lodging for the night, and breakfast on Sunday. The hike is rated moderate in difficulty. We only have reservations for seven so call me before sending any money. Contact Steve Falling at 239-5502 for reservations or more information.

HIKE AND CANOE TRIP LEADERS NEEDED - It's time once again to prepare the TEHC schedule of hikes and canoe trips for the second half of 1992. To continue our long tradition of offering a wide variety of outings, we need volunteer leaders. Send your list of hikes to Steve Banks, B-284, and your list of canoe trips to Dewey Fuller, B-150B. Include the name of the trip, date, rating (easy, moderate, or difficult), and your name and phone number.

Canoeing

LOWER WATAUGA RIVER (Scheduled for April 4, 1992)

Leader: Brad Dayvolt (Phone: 615-323-7855)

Rating: Class I-II

From Hunter Bridge to Watauga Steam plant, this class I-II run provides a strong current and cold water but with low technical difficulty. There is one class II/III rapid that adds excitement (and a chance to get personal with a friendly goat), but there is a calm cheat route. Participants should provide canoe, PFD, paddles, lunch and adequate clothing. A wet or dry suit is strongly recommended (this water is COLD!). Flotation is also recommended. Call Brad Dayvolt at 615-323-7855 for more information.

CANOE SCHOOL 1992 (Scheduled for May 21-24, 1992)

Leader: Dewey Fuller (Phone: 615-764-7340)
The twentieth annual Hiking and Canoeing Club School of
River Canoeing will be held May 21, 23, 24. A lecture and two
river trips will be offered. Both beginner and intermediate
tandem and solo whitewater instruction will be given with a
strong emphasis on river safety. Participants will be responsible
for providing their own equipment and transportation.
Refreshments will be provided at the end of both river trips.

Text for the course is BASIC RIVER CANOEING by McNair (\$7.08 tax included). This is an excellent book for those interested in river paddling and is well worth the purchase price. Minimum Required Equipment: Each Boat (tandem): 3 paddles, 2 life jackets, bow and stern lines (painters). Personal Gear: rain jacket, knee pads, lunch and change of clothes in a waterproof bag.

If you would like to review the text before class, copies of BASIC RIVER CANOEING can be purchased at the Eastman Employee's Center.

SCHEDULE: May 21 (Thur) Lecture and films. 6:30pm - 9:30pm at Eastman Employees Center, Room 115. May 23 (Sat) River trip - Meet at 9:00am, B-215 parking lot. May 24 (Sun) River trip - Meet at 9:00am, B-215 parking lot. For additional information contact Dewey Fuller at 764-7340 (Bristol, TN).

REGISTRATION FORM
NAME
TEC BUILDING (if applicable)
HOME ADDRESS
WORK PHONE
HOME PHONE
BEGINNER INTERMEDIATE SOLO
MY PARTNER IS
I HAVE NO PARTNER
I NEED A TEXT BOOK (Enclose \$10.08 for book
and registration fee.)
I HAVE A BOOK (Enclose \$3 for registration fee.)
Mail to Dewey Fuller, B-150B, or 608 Vance Drive, Bristol,
TN 37620. Make checks payable to Dewey Fuller.
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LOWER NOLICHUCKY RIVER - National River Clean Up Week! (Scheduled for Saturday, May 2, 1992)

Leader: Ed Montgomery (Phone: 615-357-8721)

We will be cleaning up the Lower Nolichucky River on May 2, 1992. Our clean up will start at the Chestoa Recreation Area and go to Devil's Looking Glass. This is a 5 mile run and we will concentrate on general river clean up and Radio Tower Rapid. Radio Tower Rapid has a large eddy on river left that traps trash during high water. I will contact the local farmers for access to this area. We will drop trash at the Old US 23 Sandy Bottom Bridge, I-181 near rock quarry and Cherokee Adventures. We will be picking up trash bags at Chestoa Rec. Area. Erwin Scout Troop 63 (R. Fain Troop Leader) will join us to assist in the river clean up. We will plan to meet at Burger King in Colonial Heights at 8:00 am and meet the Scout Troop 63 and other volunteers at 9:00 am at Chestoa. Please preregister by calling Ed Montgomery.

To contribute an article or hike notice to the TEHCC News, contact the editor, Eric Middlemas, B-231, TED, Home Phone - (703) 479-3287. All contributions should be received by the 12th of the month to be included in the following month's newsletter.

CANOE CAMPING (Scheduled for Sat-Sun, April18-19, 1992)

Leader: Tom Pridgen (Phone: 615-245-5975)

Rating: Class I-II

Plans are to run the Big South Fork of the Cumberland from Leatherwood Ford to Blue Heron. This is class I-II water. (If the water flow is too low we may run a section of the New River in NC). The BSF from Leatherwood Ford to Blue Heron is about 20 miles. We will be camping along the river Saturday night. This will be primitive camping. There is no established campground so all camping gear will need to be carried. There are two serious rapids (IV) in this section that will need to be portaged - one near the beginning and one near the end. Preregistration with the trip leader (615-245-5975 home) is mandatory. Each participant must provide canoe, PFD, paddles and camping gear. We will likely hire someone to run our shuttle to save time - be prepared to contribute \$5 to \$10. (Note - the Eastman Hiking and Canoeing Club does not rent canoes. They can be rented near the river).

This is easy whitewater. I do NOT recommend this trip for first-timers though given the remoteness of the area, the rigors of the portages, and the primitive nature of the camping. If you are used to class I-II water, physically well-conditioned, and can forego some of the comforts of home, this trip will reward you with magnificent scenery and solitude along a beautiful river.

Other Activities

CADES COVE LOOP BACKPACK PLANNING MEETING (Scheduled for Monday, April 6, 1992)

Leader: Darrol Nickels (Phone: 615-239-5442)

There will be a meeting in Room 114 of the Eastman Employee Center on Monday, April 6, at 7:00 pm to plan a backpack trip along the crests of the mountains surrounding Cades Cove in the Great Smoky Mountains National Park. The hike will start at Cades Cove Campground on Saturday, June 6, and end at the campground on Saturday, June 13.

We will climb along Anthony Creek and Bote Mountain Road to Spence Field; follow the Appalachian Trail to Birch Spring; visit the tower on Shuckstack Mountain; climb back to Gregory Bald; follow the Gregory Bald Trail to Sams Gap, Hannah Mountain Trail to Abrams Creek, Bead Cane Mountain to Ace Gap, Rich Mountain to Scott Mountain, Turkey Pen Ridge to Cades Cove Road, and back to Cades Cove Campground.

This is a difficult hike requiring some tough ascents. Features of the trip include viewing the sunset and/or sunrise from Thunderhead, the flame azalea on Doe Knob, Gregory Bald and Parson Bald, the view from Shuckstack, the falls on Abrams Creek, the Bull Cave Depression, the White Oak Sink with the Blow Hole Cave. If you need more information, call me at 239-5442.

USFS/TEHCC MEETING (Scheduled for Thursday, April 9, 1992)

Leader: Paul Worsham (Phone: 615-239-5672)
The Hiking Club will hold it's biannual meeting with the U.S.
Forest Service on Thursday, April 9, 1992 at the Mayflower

Restaurant in Elizabethton. We will carpool from the parking lot in front of B-150 with a departure time of 5:15-5:30 PM. For those who wish to drive directly to the restaurant, dinner will be at 6:30 PM and the meeting will start at approximately 7:15 PM. This meeting always generates an interesting discussion and a lot of useful information is exchanged. Please contact Paul Worsham if you plan to attend so that adequate space can be reserved.

GRAND TETONS NATIONAL PARK (WYOMING) TRIP MEETING (Scheduled for Tuesday, April 21, 1992)

Leader: Ted Malone (Phone: 615-477-2222)

For those planning on going to the Tetons in September, we need to have another meeting to decide a few things and talk about activities while we are out there. The meeting will be in Recreation, B-310, room 115 at 7:00 pm. If you want to make the trip and cannot attend the meeting give me a call at 477-2222.

EAST TENNESSEE HIKING ASSOCIATION (Cris

THE BIG SOUTH FORK NATIONAL RIVER AND

Moorehouse reporting) - ETHA was formed by the members of several upper East Tennessee hiking clubs. One of our main purposes is to coordinate hiking activities amoung member clubs. If approved by our steering committee TEHC will be a member. We hope to provide a listing of all member club hikes which we will all be encouraged to take part in. As the TEHC representative to the ETHA, I would encourage everyone who would like to attend the meetings to call me at 246-7283 for the time and place.

For the Record

RECREATION AREA - January, 25-26, 1992 (Ted Malone reporting) - The park boundaries encompass about 130,000 acres and has over 170 miles of marked trails that meander by high canyon walls, numerous caves and natural sandstone arches. Even by getting an early start we saw only a small segment of the park. We drove down Friday after work and spent the night about 60 miles north of Knoxville in Lake City, which was about 10 miles from our exit. By 7:30 am we had finished breakfast, packed up and were driving through Huntsville where the temperature at the bank said it was a cool 23 degrees. The short hike from the parking area to the lodge warmed us up enough to get us in the mood to do what we came for, H*I*K*E!!! The Charit Creek Lodge has 4 bunk houses that sleep 12 people each. After locating our two, we stashed our gear, build fires in the stoves, cramed lunches in day packs and struck out in four directions for some serious exploring. The largest group hiked to the Twin Arches - adjacant natural sandstone arches with spans of 135 and 93 feet that are two of the largest in the eastern U.S. Hikes on Saturday and Sunday went to places like The Overlook, Jakes Place, Needle Arch. Sunset Overlook, Grand Gap, the South Arch and water falls

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with names like Angel Falls, Devils Jump and Yahoo Falls. Dinner that night was as large and filling as the Big South Fork. We had the use of the lodge's kitchen so we went all out. Dinner started off with soup, salad and wine followed by spaghetti. Greg and Betty provided us with a choice of sauces, vegetarian and meat, that would have made even the best Italian chefs envious. Dessert was hot fruit pies topped off with whipped cream. Later, we sipped on backpacker's hot chocolate while sitting around the stove telling our favorite stories. Sunday we were up early again, and after hiking back to the parking area we made choices and headed out for other points in the park. All made it safely back home. Participants were Jerry and Ginger McKenzie, Steve Wilson, Donna Ashby, Greg, Betty, Graham (a real trooper), and Charlotte (a real troopette) Kramer, Wes and Frances McConnell, Janet Chaney, Judy Davidson, Channing Dale, Francis Wall, Frank Williams, Garry Luttrell, Hugh and Lynn Thompson, Wendy and Ted Malone.

BLACK MOUNTAIN BEYOND 6000 HIKE - February 22,

1992 (G. S. Luttrell reporting) - Who would have guessed that you could be on Black Mountain in February with the temperature 52 F, sunny, and no wind? But, that's the type of gorgeous day we had on Feb. 22. However, there was some evidence of winter: several shady sections of the trail were covered with ice and snow. A few of our hikers attempted double axels, but olympic skaters they weren't. The hike route included Colbert Ridge Trail, Mt. Mitchell Trail, and return via the horse trail down Maple Camp Bald and Ridge. A word of caution - the trail on Maple Camp Ridge is poorly marked, not maintained, and not used that much. If you want to use this route, especially in the spring and summer when growth is heavy, be sure to take a good map and compass. The Beyond 6000 Peaks achieved on this trip included Potato Hill, Cattail Peak, and Balsam Cone. Some of the group climbed Winter Star Mountain and some of the group climbed Mt. Craig. After the long day and 4000 ft. of climbing, ten of us feasted on four large pizzas at Papa's Pizza in Burnsville, NC. Those enjoying the hike: Owen Holbrook, Frank Williams, Jared White, Phil Gibson, Philip Gibson (8 yrs. old and what a hiker!), Elizabeth West, Jerry McKenzie, Don Kreh, Gether Irick, John Ress, Gary Lutz, and Garry Luttrell.

GREAT WALL OF CHINA - February 29, 1992 (Joe DeLoach reporting) - On Sunday, Feb. 29, I hiked along the Great Wall of China. The trail is poorly blazed but easy to follow. The grade is moderate, with some steep sections that could be alleviated by switchbacks. This problem is made worse by the location along the ridge crests which makes hiking more difficult but was more conducive to the earlier, non-hiking uses. Despite the steep grades erosion on this section is not a problem, due to good maintenance by the State. The conspicuous nature of this overused path is offset by excellent views which were somewhat obstructed by sand from the Gobi Desert.

HIKING AND CANOEING CLUB WINTER DINNER MEETING (Kathy McDavid reporting) - About 90 people gathered at the Eastman Cabin on Saturday night, Feb. 29, for our annual winter dinner meeting and awards night. After a time of friendly conversation and viewing the displays provided by

Trail Sports, Ltd. and Wells Kingsport Camera, we enjoyed a delicious meal (love that buttermilk chess pie!!).

Starting this year, awards for "Maintainer of the Year" and "Paddler of the Year" were given in addition to "Hiker of the Year", to recognize the importance of those three aspects of our club. The winners of these awards are:

Maintainer of the Year - Darrol Nickels Paddler of the Year - Dewey Fuller Hiker of the Year - Gether Irick

In addition, the first "Stan Murray Award" was awarded to Jeff Siirola, for "service above and beyond the call of duty", for his work the past 9 years being in charge of trail maintenance crews and maintenance records.

Congratulations to these men, and thanks to all of you who have participated in hikes, canoe trips, and work trips this past year!!

A short video on the Eagle Hacking Project was shown by Pete Irvine, Assistant Ranger, Watuaga Ranger District. He then presented a plaque to Collins Chew for the club, for our help with the project.

Dewey Fuller then presented an exciting video on a Grand Canyon canoe trip (I guess those creek hikes to Le Conte aren't so bad after all!!). Thanks for a great program!

LOWER NOLICHUCKY RIVER TRIP - March 1, 1992 (Ed Montgomery reporting) - This trip was not listed on our canoe schedule and final plans came together at the TEHCC Winter dinner meeting. The Winter dinner meeting was GREAT, with two of my family members winning door prizes (it pays to be on the steering committee - right Kathy!). We also got treated to Dewey Fuller's video of his Grand Canyon trip - WOW! Our trip was a little tamer that Dewey's trip, but the water temperature was about the same - ice cold! We put in at Nolichucky Expeditions and paddled to Old US 23. We had only one out-of-the boat incident at Head rock rapid and she confirmed the low water temperatures. The flow was 1940 cfs and the weather was outstanding. This was a short run, but a good one for our first trip of the year. Paddlers enjoying the trip were Tom "T" Pridgen, Mary and Dale Mathis, Paul "alternate route" Fountaine, and Ed Montgomery (last minute trip leader).

AT WORK TRIP - Saturday, March 7, 1992 (Ed Oliver reporting) - On Saturday, March 7, Darrol Nickels, Jack Young, Mary and Bruce Cunninghan, Frank Williams, John Thompson, and Ed Oliver completed the Buchanan relocation near Unaka Mountain. This relocation is blazed and open. We met one thru hiker and at least six other hikers while we were working on this section. After completing this relocation, we stopped at Beauty Spot and installed three metal posts and additional blazes to help hikers find their way. We decided that we need at least four more posts across this field. We looked at two short trail relocations on each end of the field. If we put these relocation in, we should reduce the problem of briars at each end of the field (at least for the short term). We need to get the Forest Service to put the missing section of the fence back in place at the Buchanan tract to discourage people from driving in the field.